

Middletown Adult Education

Word List
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G W O O D C A R V I N G E V E N S T A R T M N G O

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Just Learning.



Fall 2025

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**Find a
class that is
right for you!**
SEE DETAILS INSIDE!

COOKIE DECORATING CLASSES



BASKET WEAVING CLASSES



SEWING CLASSES



SOURDOUGH BREAD



GLASS ART



FELTING CLASSES



Word Search List

ACRYLIC
ADULT
ARTS
ASTRONOMY
BASKETWEAVING
BUS TRIPS
CALLIGRAPHY
CENTERPIECE
CHARCUTERIE
CHICKENS
CITIZENSHIP

COOKIE
COOKING
CRAFTS
DANCE
DULCIMER
EDUCATION
ENJOYABLE
EVENSTART
FELTING
FLORALDESIGN
FUN

GEDPREPARATION
GRADUATION
HIGHSCHOOL
ITALIAN
JEWELRY
LANGUAGE
LEARN
MIDDLETOWN
MUSIC
PAINT
PHOTOGRAPHY

RECREATION
RELAX
RETIREMENT
SEWING
SOURDOUGH
SPANISH
STAINEDGLASS
WATERCOLOR
WOODCARVING
YOGA
ZUMBA





Mission Statement

Middletown Adult Education is dedicated to the service and growth of each student and committed to the belief that all students may achieve success.

A Regional Adult Education Program Administered by the Middletown Board of Education in Cooperation with area Boards of Education serving Middletown, Cromwell, East Haddam/Moodus, East Hampton, Madison, Old Saybrook, Portland, Rocky Hill, Regional District #4 (Chester, Deep River, Essex Centerbrook, Ivoryton), Regional District #13 (Durham, Middlefield, Rockfall), Regional District #17 (Haddam, Higganum, Killingworth), and Westbrook. Providing academic programs; early childhood classes; family education; workplace education; enrichment classes; assessment services; and counseling.

**Register today at
www.maect.org**

**Please Note: We do not mail confirmations.
However, if you provide your email address
we will email your confirmation.**

Where do you want to go?

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General Information

PROGRAM ACCESSIBILITY

All activities offered by Middletown Adult Education are held in accessible locations. Accommodations for individuals with a documented disability are available upon request. Please contact Joe Lawler, Middletown Adult Education (860) 343-6044 for further assistance.

SEXUAL HARASSMENT POLICY

The Middletown Board of Education has developed a policy regarding sexual harassment. For more information, call Associate Superintendent Dr. Jada Waters at (860) 638-1469.

STATEMENT OF NON-DISCRIMINATION

The Middletown Board of Education is an affirmative action/equal opportunity employer, and it does not discriminate on the basis of race, color, religious creed, age, marital status, civil union, military or veteran status, national origin, ancestry, sex, gender identity or expression, sexual orientation, or past or present physical or mental disability in any of its education programs, activities, or employment policies. All educational programs and offerings, including vocational education and extracurricular activities, subscribe to this policy. Dr. Jada Waters, Director of District Operations, has been designated to handle inquiries regarding the district non-discrimination policies and may be reached at 311 Hunting Hill Avenue, Middletown, CT 06457; Phone (860) 638-1469.

MANDATED PROGRAMS

Include: High School Completion Program, ABE, ESL and Citizenship. **Note:** For mandated programs only, there is no fee for registration, books or materials to any adult enrolled in the ABE, ESL, High School Completion and Citizenship Programs.

STUDENT REGULATIONS

- Smoking is not permitted in any public school buildings in Middletown.
- Refreshments are not permitted in the classrooms, hallways or lavatories.
- Parking for 398 Main Street is available directly behind the building (Mellili Plaza).

ENDORSEMENT OF TEACHERS

The employment of instructors by Middletown Adult Education does not constitute endorsements of goods or services provided by instructors in their private jobs or business. Please contact the Adult Education office (860) 343-6044 if you have any questions regarding this matter.

DISCLAIMER

Middletown Adult Education is not responsible for typographical errors. Every effort is made to provide clear and accurate information and to adhere to the original information presented herein. However, when changes are necessary, we reserve the right to make those changes as needed.

CERTIFICATE OF ATTENDANCE

A Certificate of Attendance is available from the Adult Education office when requested through the instructor. For further information, call the Adult Education office at (860) 343-6044.

GED® TEST ACCOMMODATIONS

Accommodations for the GED® test are available for qualified individuals with a disability. For more information contact Joe Lawlor, 860-343-6044 or you may contact accommodations@GED.com

REFUND POLICY

The ONLY FULL REFUNDS permitted are those dictated by the COMPLETE cancellation of the class due to low enrollment. No other refunds will be honored. Please allow at least one month for processing.



General Information

DIRECTIONS

Call (860) 343-6044 for directions or check the website www.maect.org.

CONFIRMATIONS & RECEIPTS

We do not automatically mail confirmations. Your receipt is your canceled check or credit card charge. Unless notified, classes will run as scheduled. If you would like a confirmation, please send a self-addressed, stamped envelope. If you register online, confirmations can be printed from our web page and saved as a receipt.

CLASS CANCELLATION (DUE TO WEATHER)

Middletown: Whenever the Middletown Public Schools are closed due to bad weather, Adult Education classes do not meet. Listen to radio stations WTIC AM 1080, WMRD AM 1050, Channel 8 (WTNH), or Channel 30 (WVIT). Should snow or inclement weather develop during the day, class cancellations are announced by late afternoon. Canceled classes will be made up by adding an additional session. **Cancellations will be listed on our website: www.maect.org.**

Middletown

Alberto Vazquez Matos, Ed. D., Ph.D., *Superintendent*

Board of Education

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Christine Valdez, *Social Worker*

Sharon D. Muldowney, Joseph P. Lawler, *Lead Teachers*

Melanie W. Foley, *Enrichment Program Facilitator*

Madelyn Cruz, *Career Developer*

Directions

Middletown Adult Education Center (MAE)

398 Main Street, Middletown

The MAE Center is in the heart of downtown Middletown, near shopping and restaurants. The entrance is adjacent to the rear entrance for the Main Street Market and Malloves Jewelers. Parking is in the Mellili Plaza parking lot on Washington Street, between Main Street and Rt. 9. From Main Street, turn onto Rt. 66 heading towards Rt. 9. Take your 1st right and the parking lot is on the left. From Rt. 9, take exit 23C and cross the RR tracks. After one-half block, take a left, and the entrance to MAE is straight ahead.

Bus Trip Parking Location

Farm Hill School, 390 Ridge Road, Middletown

From Rt. 9 North or South, take Exit 11. Go left at the end of the exit. Go through a blinking light, then at the 2nd stop light take a right onto Ridge Rd. Continue until stop sign. Farm Hill School is on the right. Park in the rear of the building.



GLASS ART CLASSES

Amy Dzurka

NEW

Glass Sunflower



Come and create something beautiful to add to your home or give as a gift. You will use a variety of colored crushed glass, sea glass, shells, rocks, driftwood and tiles to create a sunflower on a 6"x 6" canvas. You will have the option to

paint a background. All pieces will be secured using a high gloss resin applied by the instructor. Classes are limited to 12 students and minimum age to participate is 15 years old. Materials fee of \$20 payable to instructor night of class.

ARS 120

Thurs. 6:00-8:00 pm

1 class • Sept. 25

Room 207

\$30 class fee

ARS 121

Tues. 6:00-8:00 pm

1 class • Sept. 30

Kitchen

\$30 class fee

NEW

Glass Pumpkin



Come and create something beautiful to add to your home or give as a gift. You will use a variety of colored crushed glass, sea glass, shells, rocks, driftwood and tiles to create a pumpkin on an 8" x 10" glass frame or canvas. You will have the option

to paint a background. All pieces will be secured using a high gloss resin applied by the instructor. Classes are limited to 12 students and minimum age to participate 15 years old. Materials fee of \$35 payable to instructor night of class.

ARS 122

Thurs. 6:00-8:00 pm

1 class • Oct. 2

Room 119

\$30 class fee

ARS 123

Tues. 6:00-8:00 pm

1 class • Oct. 14

Kitchen

\$30 class fee

NEW

Holiday Glass Art

You Come and create something beautiful to add to your home or give as a gift. You will use a variety of colored crushed glass, sea glass, shells, rocks, driftwood and tiles to create a unique holiday decor piece on a 8" x 10" glass frame or canvas. You will have the option to paint a background. All pieces will be secured using a high gloss resin applied by the instructor. Classes are limited to 12 students and minimum age to participate 15 years old. Materials fee of \$35 payable to instructor night of class.

ARS 124

Thurs. 6:00-8:00 pm

1 class • Nov. 6

Room 207

\$30 class fee

ARS 125

Tues. 6:00-8:00 pm

1 class • Nov. 18

Room 207

\$30 class fee



Watercolor Paint Flowers

Nancy Roman



Create a beautiful watercolor floral painting using a superb medium to capture the delicacy of flowers. You will need to use a 5 x 7 photo of the flowers of your choosing. For the best results, use a photo with large blossoms. It can be a tabletop

arrangement or an outdoor photo. A color copy is fine. Your picture should be **PRINTED**, not a photo on your phone or tablet. If you have a picture but don't have that size or can't print it, Nancy can help you if you let her know in advance. Nancy will have several photos to choose from that you can paint. All materials will be provided, paint, paper, brushes, etc. Nancy's email, notquiteold51@gmail.com

ARS 201

Thurs. 6:30-8:30 pm

1 class • Oct. 2

Room 207

\$50 class fee

ARS 203

Tues. 6:30-8:30 pm

1 class • Nov. 4

Room 207

\$50 class fee

Earn your GED Today!



Watercolor Paint Your Pet

Nancy Roman

Come and create a portrait of your family pet, in 2 hours, no experience necessary. Please bring a 5 x 7 photo of your pet, a color copy is fine. Because of the technique we will use to draw the pet, your photo needs to be 5 x 7. If you have a picture but don't have that correct size, Nancy can help you if you let her know in advance. If you'd like to attend, but don't have a pet or picture, that's okay. Nancy will have several photos to choose from that you can paint. All materials will be provided, paint, paper, brushes, etc. Nancy's email, notquiteold51@gmail.com

ARS 202

Tues. 6:30-8:30 pm

1 class • Oct. 21

Room 119

\$50 class fee

ARS 204

Thurs. 6:30-8:30 pm

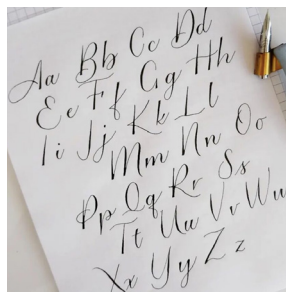
1 class • Nov. 13

Room 207

\$50 class fee

Calligraphy for Beginners

Jean Little



Treasure the moments with memories saved in beautiful hand scribed calligraphy. Add elegance using calligraphy on envelopes, invitations, quotes, favorite family recipes and gifts for any occasion. This is a great way to make a first impression.

You will have a small but completed project in just 5 weeks. Materials fee of \$12 paid in cash to instructor first night of class which includes assorted parchment papers, stock cards and grid sheets. Calligraphy supply list will be given prior to class.

ARS 100

Tues. 6:00-8:30 pm

5 classes • Starts Sept. 23

Room 203

\$90 class fee



Learning Acrylic Pour Techniques

Nina Murphy



Learn Acrylic Pouring Techniques with instruction to discover your inner artist. Using everyday products and items, you'll create your own wonderful, abstract artwork that you'll be proud to frame. Classes will include information

on materials and products, paint delivery systems, and introductory, and advanced techniques such as swipe method, Dutch Pour, and Spinner. You will receive a kit including everything you'll need, including a way to transport your pieces home. Materials fee of \$60 payable to instructor first night of class.

ARS 110 Tues. 6:00-7:15 pm
\$66 class fee 5 classes • Starts Sept. 23
Room 207

STAINED GLASS CLASSES

Sarah Segovia

The following classes need no prior experience. All tools will be provided at class to use on your pieces.

Beginner Stained Glass

Learn the basic techniques of cutting glass and assembling these intricate designs. You will choose from a heart or leaf pattern to create your own hanging suncatcher. Materials fee of \$20 payable to instructor on the first night of class.

ARS 103 Wed. 6:00-8:30 pm
\$42 class fee 2 classes • Starts Sept. 24
Room 110

ARS 104 Thurs. 6:00-8:30 pm
\$42 class fee 2 classes • Starts Oct. 9
Room 110

Moravian Star

Learn the basic technique of cutting glass and assembling these intricate designs. No experience necessary. All tools will be provided. Materials fee of \$20 payable to instructor, first night of class.

ARS 105 Wed. 6:00-8:30 pm
\$42 class fee 2 classes • Starts Nov. 5
Room 110

ARS 106 Tues. 6:00-8:30 pm
\$42 class fee 2 classes • Starts Dec. 2
Room 110

NEW

Stained Glass Jewelry



Create your very own unique stained-glass jewelry in this one evening workshop. You will learn the basic techniques of stained glass and will be guided through the steps of making earrings, pendants, bracelets and more! Lots of glass colors and textures to choose from.

No experience necessary. Materials fee of \$20 payable to instructor night of class.

ARS 107 Wed. 6:00-8:30 pm
\$26 class fee 1 class • Dec. 3
Room 110

ARS 108 Wed. 6:00-8:30 pm
\$26 class fee 1 class • Dec. 10
Room 110



Intelligence plus character—that
is the goal of true education.

Martin Luther King Jr.



Photography

Digital Photography for Newbies

Steve McGrath



Combination of online and in-person Digital Photography for Newbies. Are you still getting to know your digital camera and its features? Here's an opportunity to learn from an expert in this seminar for beginners! Have

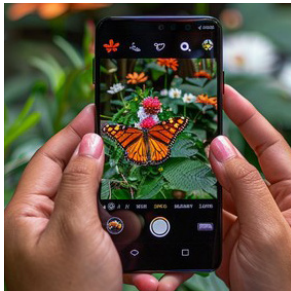
your camera ready and learn when and how to use its special features - such as program mode, manual mode, aperture priority and shutter priority. Also covered will be basic composition and best use of light for different situations, such as plant, people, macro, and landscape photography.

PHO 101

Thurs. 5:30-7:00 pm
5 classes • Starts Sept. 18
Online

\$85 class fee

Smartphone Photography



This Class is dedicated to helping you with understanding how to use your smartphone photography, how to take a create great Images on your phone, what editing apps to use, how to share and print your images. Join Steve

as we go over how to find out how to use essential controls on your phone along with the best free and low-cost tools for editing and image management.

PHO 102

Thurs. 7:30-9:00 pm
3 classes • Starts Sept. 18
Online

\$55 class fee

PHO 106

Thurs. 7:30-9:00 pm
3 classes • Starts Nov. 20
Online

\$55 class fee

Pet Photography

This Pet photography course is designed to teach you everything you need to know to take professional-quality Portraits. You will learn how to work with all different types of pets. Steve will explain the nuances of lighting and posing, how to shoot in studio or on location, and how to master the gear you will need to create inspiring work!

PHO 103

Thurs. 7:30-9:00 pm
3 classes • Starts Oct. 9
Online

\$55 class fee

Digital Photo 2 Intermediate

You are comfortable with your camera and you want more! In this class we will explore the use of intermediate camera controls such as metering (spot, matrix, center weight), exposure and exposure compensation, ISO, aperture and shutter priority. We will take an in-depth look at manual focus and its use, fill flash and flash modes, as well as controlling motion, composition, and many other intermediate and advanced techniques.

PHO 104

Thurs. 5:30-7:00 pm
5 classes • Starts Oct. 30
Online

\$85 Class fee

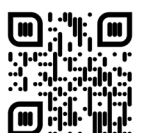
Portrait Photography

This Portrait photography course is designed to teach you everything you need to know to take professional-quality Portraits. You will learn how to work with all different types of subjects, from individuals and groups to children and pets. Steve will explain the nuances of lighting and posing, how to shoot in studio or on location, and how to master the gear you will need to create inspiring work!

PHO 105

Thurs. 7:30-9:00 pm
3 classes • Starts Oct. 30
Online

\$55 class fee



NEW

Introduction to Woodcarving

Rick Johnson

Learn the basics of wood carving with Rick Johnson. He will have a project or two for you to try. He will go over an introduction to woodcarving, safety, blade maintenance and the basic cuts. Once you have that, you will start whittling a project or two. Choose from a Christmas ornament or a hedgehog. The blanks are \$5 each, payable to the instructor. He will have all the tools you need to use, but if you already have carving tools, feel free to bring them and he will discuss their use.

CRA 104

Tues. 6:00-8:00

4 classes • Starts Oct. 7

Room TBD

\$64 class fee

NEW

Art of Iris Folding with Paper

Jean Rill-Alberto



Learn how to create a beautiful layered paper design on a square or rectangle greeting card. You will be using different templates, colored and patterned papers for this simple technique of folding

paper. Each student will make 2-3 cards. Materials fee of \$15 payable to instructor night of class.

CRA 111

Thurs. 6:00-8:00 pm

1 class • Nov. 13

Room 119

\$30 class fee

Introduction to Basketweaving

Nancy Kalos

This multi-purpose basket will measure 7" long, 5 1/2" wide, and 5" high. You will have the opportunity to select colors for your "chain" pattern to add to your basket. Arched handles will be added to each end of your basket. Materials fee of \$15 payable to the instructor the first night of class. Tools for making the basket will be provided by the instructor for use during the class.

CRA 108

Tues. 6:00-8:30 pm

3 classes • Starts Nov. 18

Room 119

\$72 class fee



Intermediate Basketry

Nancy Kalos

Please note: This basket class is for those students who completed a beginner-level basket class. Weaving this basket will introduce you to round-reed embellishing along with a "Lacey" band pattern in the middle of the basket. You will have a choice of colors to use in your basket. Several handle options will be available. Dimensions: approximately 14" x 7" at the top, 8" x 6" at the bottom, and a height of 6". Materials fee of \$15 payable to instructor first night of class. Tools for making the basket will be provided by the instructor for use during the class.

CRA 109

Tues. 6:00-8:30 pm

3 classes • Starts Oct. 7

Room 114

\$72 class fee

Decoupage SeaShells

Jean Rill-Alberto



Celebrate summer creativity by transforming seashells into vibrant works of art! Join artist and instructor Jean Rill-Alberto as she guides you through the fun and easy process of decorative decoupage using beautiful

paper designs. Perfect for all experience levels, this workshop lets you bring a splash of color to your world and take home your own unique summer treasure! Materials fee of \$15 payable to instructor night of class.

CRA 110

day TBD

1 class • date

TBD

class fee



SEWING

Ashley Parker

You must own a portable machine to bring to class and know how to operate it. These classes will focus on learning more sewing skills. Kits will be provided at each class and you will make a small project each week to take home. Classes limited to 8 students.

Basic Sewing 101

Do you own a sewing machine and have no idea how to use it? Or have always wanted to learn to sew? Then this is the class for you. You will learn basic machine operations, and troubleshooting. Learn how to sew basic seams, hemming, French seams, elastic application, lining, and more. You will make a small project each week to take home. You will need to bring your own portable machine. All materials will be supplied for a fee of \$50 payable to the instructor at the first class.

SEW 101 Thurs. 5:30-7:30 pm
4 classes • Starts Oct. 2
Room 208
\$110 class fee

NEW

T-Shirt Blanket



You will learn how to properly interface and cut t-shirts to sew together for a memorable keepsake. You should bring a minimum of 16 t-shirts to the first class. Supply list will be provided, so when registering include your email address.

SEW 103 Tues. 5:30-7:30 pm
2 classes • Starts Nov. 4
Room 208
\$60 class fee



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NEW

Apron

Learn to make an apron with a contrasting pocket and ties of your choice. Materials fee of \$20 payable to instructor night of class.



SEW 102 Thurs. 5:30-7:30 pm
1 class • Nov. 6
Room 208
\$30 class fee

NEW

Maxi Skirt

Instructor will need to know your size small, medium, or large before the start of class to cut it appropriately, then you will adjust the waist and length measurement in class. Materials fee of \$20 payable to instructor night of class.



SEW 104 Thurs. 5:30-7:30 pm
1 class • Nov. 20
Room 208
\$30 class fee

NEW

Bowtie/Disappearing 9 Patch Quilt

Instructor will teach both squares at the first class, then you can choose between the disappearing 9 patch or bowtie block to continue making a baby or lap blanket. Supply list will be given, so when registering please include your email address. There will be a \$10 materials fee for the template. 1st week cut and learn to block. 2nd week assemble border. 3rd week add backing and secure. There will be homework each week.

SEW 105 Thurs. 5:30-7:30 pm
3 classes • Starts Dec. 4
Room 208
\$90 class fee



NEW

Christmas Stocking

Great gift to make yourself or as a gift. Please provide your email as the instructor will need the name you want embroidered on white fabric ahead of class for you to attach to the stocking. Materials fee of \$20 payable to instructor.

SEW 106

Tues. 5:30-7:30 pm
1 class • Starts Dec. 9
Room 208

\$30 class fee

FLORAL CLASSES

Joanie Fisler, Best Buds Flower Farm in Lyme

NEW

Thanksgiving Centerpiece

Come to Best Buds Flower Farm to create a Thanksgiving Centerpiece using a specialty pumpkin, dried vines and flowers. No experience necessary. Class will be held in our heated barn. You will be guided as you use dried flowers and greenery from our farm. During class a homemade treat will be served. Limited to 8 students.

FLO 101

Sat. 1:00-3:00 pm
1 class • Nov. 15
Best Buds Flower Farm,
52 Blood St., Lyme

\$88 class fee

NEW

Evergreen Holiday Wreath

Joanie Fisler, Best Buds Flower Farm

We will create an abundant evergreen wreath with our own Best Buds Flower Farm greenery, everlasting flowers and vines for decorations. Classes will be in the warmth of the heated barn and no experience needed. We have all the supplies you'll need, just show up. Register early, space is limited to 8 students.

FLO 103

Fri. 1:00-3:00 pm
1 class • Dec. 5
Best Buds Flower Farm,
52 Blood St., Lyme

\$95 class fee

FELTING CLASSES

Taught by Elena Gibson

No previous felting experience is necessary. In the following classes listed below. Learn how to transform sheep wool into various shapes using a barbed needle and learn the wet felting technique to further enhance the shape and firmness of the figure you are creating. Please note: Materials fee of \$20 per class, payable to instructor night of class.

Felted Autumn Pumpkin

Create a pair of felted pumpkins complete with stems and curly vines.

CRA 101

Wed. 6:00-9:00 pm
1 class • Oct. 15
Room 110

\$36 class fee

Wooly Woodland Animals

Create two or more charming miniature felted critters, such as mouse fox, hedgehog, squirrel, or owl.

CRA 102

Wed. 6:00-9:00 pm
1 class • Nov. 12
Kitchen

\$36 class fee

Felted Gnome Ornaments

Create a pair of charming felted gnome characters as ornaments or free-standing figures.

CRA 103

Wed. 6:00-9:00 pm
1 class • Dec. 3
Kitchen

\$36 class fee



Cooking

COOKING CLASSES

PLEASE NOTE: This applies to all cooking classes.

- Due to the preparation necessary for these cooking classes, no cancellations or credits will be issued. You may send a substitute if you can't attend.
- These cooking classes will be a combination of demonstration and hands-on.
- Recipes will be handed out at each class and tasting is a requirement.
- Remember to bring materials fee payable to instructor night of class.

Sushi Class

Sara Wingard, The Sushi Class



Learn to make Vegetarian & California Rolls. Create your own edible masterpieces. Whether you're a sushi enthusiast or a curious beginner, the instructor will guide you through every step, sharing secrets and techniques.

All materials fee are included in the class fee.

COK 108

Tues. 6:00-8:00 pm

1 class • Nov. 18

\$60 class fee

Kitchen



Sourdough Bread Baking – 101

Suzanne Greenwald

You will learn to develop a starter and practice baking 3 different breads all without using commercial yeast. This is a hands-on class and you will make and take projects home after each class. This class will be good for beginners. You will need to bring a large metal mixing bowl to bring back and forth to each class. Handouts will be available. A one time materials fee of \$20 payable to the instructor at the first class.

COK 101

Wed. 6:00-9:00 pm

4 classes • Starts Sept. 24

\$82 class fee

Kitchen

ADDITIONAL SOURDOUGH BREAD CLASSES

PLEASE NOTE: The following classes are for those who have taken Sourdough Bread 101.

Sourdough Bagel Class

Suzanne Greenwald

Learn to make delicious bagels. Please bring an active starter, and a mixing bowl, and a materials fee of \$5.

COK 102

Mon. 6:00-9:00 pm

1 class • Oct. 27

\$36 class fee

Kitchen

Cinnamon Rolls

Suzanne Greenwald

You will need to bring to class an active ripe starter and a large bowl, materials fee of \$5. payable to instructor night of class and a container to bring your goodies home. Recipe provided.

COK 103

Mon. 6:00-9:00 pm

1 class • Nov. 17

\$36 class fee

Kitchen



Halloween Charcuterie Workshop

Nicole Silverio, Boxed Bites



Whether you're a charcuterie pro or a beginner, this hands-on event will teach you how to create beautiful and delicious boards perfect for the holiday season. Learn the art of pairing meats, cheeses and fruits to impress your friends

and family. All ingredients to make a charcuterie board are included. Plus, get insider tips on presentation and garnishing. Class fee includes all materials needed to create your decorative masterpiece and a take-home charcuterie board.

COK 109

Wed. 6:00-8:00 pm

1 class • Oct. 22

Room 207

\$66 class fee

Holiday Charcuterie Workshop

Nicole Silverio, Boxed Bites



Whether you're a charcuterie pro or a beginner, this hands-on event will teach you how to create beautiful and delicious boards perfect for the holiday season. Learn the art of pairing meats, cheeses and fruits to impress your friends

and family. All ingredients to make a charcuterie board are included. Plus, get insider tips on presentation and garnishing. Class fee includes all materials needed to create your decorative masterpiece and a take-home charcuterie board.

COK 110

Thurs. 6:00-8:00 pm

1 class • Dec. 4

Kitchen

\$66 class fee

COOKIE DECORATING Decorate Halloween Cookies

Priscilla Harnesk

Learn how to flood, detail and outline sugar cookies. You will receive six pumpkin spice cookies, royal icing, a scribe, recipe and a box to transport your cookies home. Materials fee of \$20 payable to instructor night of class.

COK 104

Wed. 6:30-8:00 pm

1 class • Oct. 8

Kitchen

\$30 class fee

Thanksgiving Cookie Centerpiece

Priscilla Harnesk

Learn how to flood, detail and outline sugar cookies. Make a dessert centerpiece for your Thanksgiving table. You will receive cookies, royal icing, a platter, scribe, recipe and box to transport your cookies. Materials fee of \$20 payable to instructor night of class.

COK 105

Wed. 6:30-8:00 pm

1 class • Nov. 5

Kitchen

\$30 class fee

Holiday Cookies

Priscilla Harnesk

Learn how to flood, detail and outline sugar cookies. Learn to decorate the following cookies, sweaters, hats, mittens and snowflakes. You will receive six cookies, royal icing, recipe and a scribe. Materials fee of \$20 payable to instructor night of class.

COK 106

Tues. 6:30-8:00 pm

1 class • Dec. 2

Kitchen

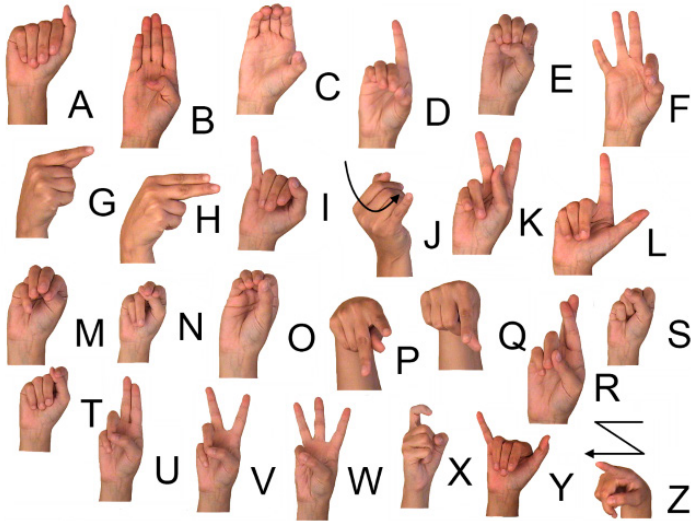
\$30 class fee



Languages

American Sign Language for Beginners

Connie Davids



Open the doors of communication when you learn some basic conversational sign language. In this course you will learn to finger spell the American Sign Language alphabet and learn to sign basic words and phrases of communication. Learning colors, numbers, family members, etc. will be taught. You will be able to sign familiar words and short phrases at the end of this course. No textbook needed. Handouts will be provided. This basic course can also be helpful for those working with the special need's population.

PART 1:

LAN 201

Tuesday 6:00-6:45 pm
6 classes • Starts Sept. 23
MAE 003

\$66 class fee

CONTINUATION OF PART 1:

LAN 202

Tuesday 6:00-6:45 pm
6 classes • Starts Nov. 4
MAE 003

\$66 class fee

EARN YOUR GED

CHANGE YOUR
FUTURE TODAY

Intermediate American Sign Language

Connie Davids

PREREQUISITE: Beginner class

Join us to continue learning new words and phrases to expand your sign language vocabulary. This add-on next level course is for those of you who have just completed the Beginner class and feel confident with your knowledge of the basics to move to the next level. You will learn to sign short dialogs with partners using the signs you've learned. This is a fun and educational class for those who want to continue learning to sign.

PART 1:

LAN 203

Tuesdays 7:00-7:45 pm
6 classes • Starts Sept. 23
MAE 003

\$66 class fee

CONTINUATION OF PART 1:

LAN 204

Tuesdays 7:00-7:45 pm
6 classes • Starts Nov. 4
MAE 003

\$66 class fee

Introduction to Italian

Mary Saraceno

Learn to speak Italian. Oral drills will encourage the beginner to develop speaking and listening skills. Learn practical vocabulary and expressions, and understand real travel situations and cultural differences. Good choice for business, travel or personal growth. You can buy the textbook (*Italian Made Simple*) on amazon.com.

PART 1:

LAN 105-1

Thurs. 6:00-8:00 pm
6 classes • Starts Sept. 25
Room TBD

\$130 class fee

CONTINUATION OF PART 1:

LAN 105-2

Thurs. 6:00-8:00 pm
6 classes • Starts Nov. 6
Room TBD

\$130 class fee



Languages

Intermediate Italian

Mary Saraceno



Designed for individuals who have taken Intro. to Italian Part 1 and Part 2 or have some basic knowledge of the language. This course will provide an overview of basic Italian grammar with an emphasis on oral and written

communication, listening comprehension, and reading. Textbook used is *Italian Made Simple*, can be purchased at Amazon.com.

PART 1:

LAN 106-1

Mon. 6:00-8:00 pm

6 classes • Starts Sept. 22

Room TBD

\$130 class fee

CONTINUATION OF PART 1:

LAN 106-2

Mon. 6:00-8:00 pm

6 classes • Starts Nov. 10

Room TBD

\$130 class fee

Choose Your Path After Graduation

Paralegal, Fitness, Healthcare, Business, Veterinary

FINISH YOUR HIGH SCHOOL DIPLOMA!
860-343-6044

Advanced Italian

Mary Saraceno

Designed for individuals who have 2 or more years of Italian, taken intermediate Italian or a deep knowledge of the language and wish to reach a higher degree of proficiency. Emphasis will be given to oral and written exercises. This class will be taught mostly in Italian. There will be various hand-outs, various suggestions for textbooks' and genres to purchase.

PART 1:

LAN 107-1

Wed. 6:00-8:00 pm

6 classes • Starts Sept. 24

Room TBD

\$130 class fee

CONTINUATION OF PART 1:

LAN 107-2

Wed. 6:00-8:00 pm

6 classes • Starts Nov. 5

Room TBD

\$130 class fee

Introduction to Spanish

Mary Saraceno



Have fun as we explore the language, culture, music and food of Spain and Latin America! Emphasis is placed on developing oral and travel vocabulary and expressions. You can buy the textbook (*Spanish Made Simple*) on amazon.com.

PART 1:

LAN 108-1

Tues. 6:00-8:00 pm

6 classes • Starts Sept. 23

Room TBD

\$130 class fee

CONTINUATION OF PART 1:

LAN 108-2

Tues. 6:00-8:00 pm

6 classes • Starts Nov. 4

Room TBD

\$130 class fee



Introduction to The Dulcimer

Anne Bilodeau

In these 4 classes you will be introduced to the Mountain or Lap Dulcimer. It is the easiest 3 stringed instrument to learn for ages 10 to senior. Dulcimers will be provided for in-class instruction for 8 students. If you have your own please bring to class. Learn to play (by number) dulcimer favorites like Old Joe Clark & Bile Them Cabbage Down; in addition to: This Land is Your Land, Oh Susanna, Amazing Grace, and more. Skills to be covered: Tuning, Reading Tab (sheet music), Strumming, Flat Picking, Hammer-on's, Pick-offs, Harmonics, & Chords. Hand-outs will be given in class.

MUS 104

Tues. 6:30-8:00 pm
4 classes • Starts Sept. 23
Room 119

\$66 class fee

GUITAR CLASSES

Frank Natter

Class will be held in person, limited to 10 students.

Students must be 13 years and older to participate. For all of the guitar classes, students must provide their own guitar and music stand. Suggested materials: an electronic tuner, and the *Total Acoustic Guitarist* by Frank Natter, Jr. ISBN -10:7390-3851-6. You can purchase the book from the instructor night of class, on Amazon, or The Middlesex Music Academy on 440 Main Street, Middletown.

Beginning Guitar

Covers essential chords, important strumming patterns, and progressions of chords found in many well-known songs. You will learn how to decipher chord diagrams, guitar tablature and other systems used to notate guitar music. Beginning with short examples, you'll build skills that will later allow you to play entire songs and you will have the opportunity to practice these skills in context with classmates.

MUS 102

Mon. 7:30-9:30 pm
6 classes • Starts Sept. 22
Room 208

\$130 class fee



Continuation of Beginning Guitar

This session applies the knowledge learned in Part 1 to well-known songs. These are demonstrated and examined section by section. By the end of the session, you will know several important songs and be able to play them in context with the class.

MUS 102-1

Mon. 7:30-9:30 pm
6 classes • Starts Nov. 10
Room 208

\$130 class fee

Advanced Guitar

Advanced Guitar starts to examine riffs and tricks-of-the-trade that add interest and define the styles and songs of the guitar repertoire. Fingerstyle and pick playing techniques will also be examined more closely. You will get to take a look at elements that make music work such as scales and harmony. You will also begin to develop skills for soloing and have the opportunity to improvise in context with other classmates.

MUS 101

Mon. 5:30-7:30 pm
6 classes • Starts Sept. 22
Room 208

\$130 class fee

Continuation of Advanced Guitar

This session picks up from where previous advance class leaves off and focuses on songs and styles that are of common interest to the class. Students will continue to play together and get the opportunity to take on different roles: rhythm, lead, and a hybrid of both.

MUS 101-1

Mon. 5:30-7:30 pm
6 classes • Starts Nov. 10
Room 208

\$130 class fee



Dance & Wellness

Zumba

Bethany Ty



Zumba is a dance fitness class that incorporates Latin and international music and dance movements which create a dynamic,

exciting workout. This class combines fast and slow rhythms that tone and sculpt the body in an aerobic/fitness fashion to achieve a unique balance of cardio and muscle toning. You will use lightweight maraca-like toning sticks for some of the routines to enhance sense of rhythm and coordination, while toning target zones, including arms, core and lower body. Dancers and non-dancers are welcome.

DAN 105	Mon. 6:30-7:30 pm
	7 classes • Starts Sept. 15
\$80 class fee	Room 207

DAN 106	Mon. 6:30-7:30 pm
	6 classes • Starts Nov. 10
\$70 class fee	Room 207

You're off to great places!
Today is your day!
Your mountain is waiting,
so... get on your way!
— Dr. Seuss

Yoga - All Levels

Karen Sevenoff



This class is suitable for beginners and those with a little experience under their belt.

This class will include breath control techniques and physical exercises, which will help you achieve relaxation and vitality. This dynamic yoga class will help to build your strength, flexibility, balance and mental focus. This class is a guidance to help transform the body and mind into complete wellbeing. Bring a water bottle and yoga mat and any props you might want to use for your practice.

SESSION 1:

WELL 102	Wed. 6:00-7:00 pm
	7 classes • Starts Sept. 10
\$78 class fee	Room 207

WELL 202	Wed. 7:15-8:15 pm
	7 classes • Starts Sept. 10
\$78 class fee	Room 207

SESSION 2:

WELL 103	Wed. 6:00-7:00 pm
	7 classes • Starts Oct. 29
\$78 class fee	Room 207

WELL 203	Wed. 7:15-8:15 pm
	7 classes • Starts Oct. 29
\$78 class fee	Room 207

EARN YOUR HIGH SCHOOL DIPLOMA!
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Public Interest

Retirement Readiness Review

Ryan Morrissey

In this course you'll learn how to: determine the amount of money you need to retire, determine when you can retire, understand how to make the most of your company retirement plan, and set up your estate so your final wishes are carried out. However, money is only one aspect of retirement planning. This course blends financial education with life planning to help you determine what values are important to you and align your money with your values and goals.

MON 103

Tues. 6:15-9:15 pm

2 classes • Oct. 21 & Oct. 28

Room 106

\$70 class fee

MON 104

Wed. 6:15-9:15 pm

2 classes • Oct. 29 & Nov. 5

Room 104

\$70 class fee

Backyard Chickens 101

Deidre Goodrich

(She is a Middletown resident who started her backyard chicken adventure as a pandemic project in 2020. She currently has five hens.)



Dreaming of fresh eggs from your own backyard chicken flock? This course will show you how to get started. Learn the basics of chicken care including breed selection, coops, runs, feed, and how to protect chickens from

predators, pests and injury. (This course will not cover egg incubation, nor raising meat chickens.) There will be two classroom sessions and one field trip to meet my flock and see how to put the learning into action. Be prepared to take notes.

PUB 100

Tues. 6:00-8:00 pm

3 classes • Starts Sept. 23 & 30

Sat. Oct. 4 field trip 10:00 am

Room 104

\$50 class fee

WRITING CLASSES

NEW

Tell Your Story: Memoir Writing Workshop

Christopher Darby



Participants will develop and craft original short pieces of writing based on their own life experiences, either to share with others or as an exercise for personal growth. Using a variety of trusted and supportive techniques

under the tutelage of an experienced writing teacher, participants will create and revise clear and authentic writing in a workshop format. All levels of experience welcome. Optional: bring your laptop to class.

PUB 108

Tuesday 6:30-8:30 pm

5 classes • Starts Oct. 8

Room TBD

\$80 class fee

NEW

Poetry Writing Workshop

Christopher Darby

Participants will both read selected poetry by a variety of poets across time periods and compose and develop original poetry in an inclusive and supportive setting. Combining reading, discussion, composition, and performance, participants will gain a broader understanding and appreciation of poetry as an art form and as a form of personal expression. All levels of experience welcome.

PUB 109

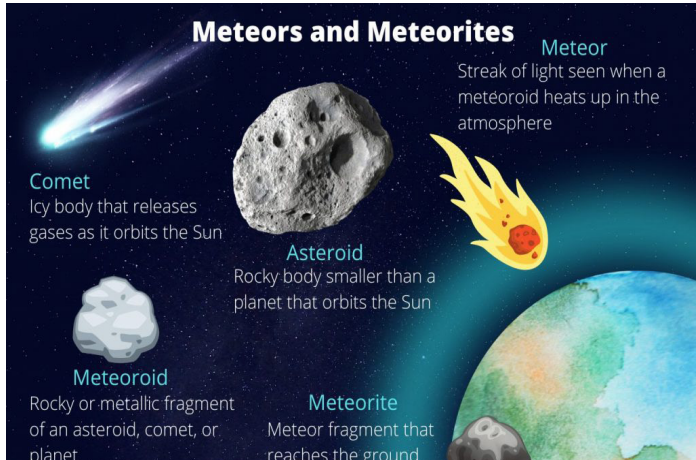
Tuesday 6:30 8:30 pm

4 classes • Starts Nov. 12

Room TBD

\$60 class fee





INTRODUCTION TO ASTRONOMY

Jason Archer and John Mezsaros,
astronomers and educators

This is for stargazers and those who like to ponder the mysteries of the universe. Using the planetarium for adults and older teens this will present an introduction to planetary stellar and galactic astronomy as well as introduce a basic understanding of our night sky and the many celestial objects found within.

**If you register for all 4 classes its \$110.
Call 860-343-6044 to receive the discount.**

The Planetarium is located at the: Glastonbury East Hartford Magnet School, 95 Oak Street, Glastonbury. Enter at the main school entrance. The planetarium entrance is just inside to the left. Doors will open at 6:30 pm.

PLEASE NOTE: You must arrive 6:30-6:45 pm, as class starts promptly at 7:00 pm after which the planetarium doors are closed. They cannot accept late arrivals.



Beyond the Visible: Exploring the Electromagnetic Spectrum

Step into the invisible universe. In this immersive planetarium experience, we'll journey across the full range of the electromagnetic spectrum — from radio waves to gamma rays — and discover how each type of light reveals a different layer of our cosmos. Using stunning full-dome visuals and real astronomical data, we'll explore how telescopes tuned to infrared, ultraviolet, X-ray, and beyond allow scientists to uncover black holes, pulsars, distant galaxies, and the dynamic processes shaping our universe.

PUB 101

Thurs. 7:00-9:00 pm

1 class • Sept. 25

\$30 class fee

Glastonbury Planetarium

Cosmic Collisions: Asteroids, Comets, and Craters

They've carved vast craters into Earth's surface, delivered the building blocks of life—and wiped out entire species. Asteroids, comets, and meteors are among the solar system's most dramatic and mysterious players. What are they made of? Where do they come from? And what can they tell us about the birth—and future—of our solar system? From the icy reaches of the Kuiper Belt to the rocky heart of the Asteroid Belt, we'll track these wanderers across space and time. Using immersive full-dome visuals, we'll witness ancient impacts, dive into famous craters on Earth and other worlds, and follow modern missions like OSIRIS-REx and DART that are helping us understand—and possibly defend against—these celestial visitors. Discover how impact craters hold vital clues to planetary formation, how comets may have helped seed Earth with water and organics, and how the study of these objects connects us to both our cosmic past and planetary future.

PUB 102

Thurs. 7:00-9:00 pm

1 class • Oct. 16

\$30 class fee

Glastonbury Planetarium



Public Interest

Giants of the Solar System: Exploring Jupiter, Saturn, Uranus, and Neptune

Jupiter, Saturn, Uranus, and Neptune are the giants of our solar system—massive worlds that have shaped the very architecture of the planets, moons, and debris that orbit our Sun. What are these gas and ice giants made of? What lies beneath their swirling cloud tops? How did they come to host such vast families of moons—and what secrets do those moons hold? And what gives rise to their stunning ring systems, from Saturn's brilliant bands to the subtle rings of Uranus and Neptune? Through immersive full-dome visuals, space probe imagery, and guided narration, we'll delve into the development, dynamics, and planetology of our titanic neighbors. Along the way, we'll trace the history of their discovery and exploration—from early telescopic observations to the pioneering flybys of Voyager and the in-depth studies by missions like Juno and Cassini.

PUB 103

Thurs. 7:00-9:00 pm

1 class • Nov. 13

\$30 class fee

Glastonbury Planetarium

Worlds of Rock and Fire: The Terrestrial Planets

The rocky planets of our solar system—Mercury, Venus, Earth, and Mars—share a common origin and the same basic building blocks. Yet over billions of years, each has evolved into a world with its own distinct character. From scorched surfaces to shifting sands, these terrestrial planets offer a fascinating glimpse into the diversity of rocky worlds orbiting our Sun. Compare Mercury's blistering extremes, Venus's runaway greenhouse effect, Earth's dynamic habitability, and Mars's tantalizing hints of ancient water and potential life. Along the way, we'll explore their landscapes, atmospheres, geology, and what ongoing space missions are revealing about their formation, evolution, and future.

PUB 104

Thurs. 7:00-9:00 pm

1 class • Dec. 11

\$30 class fee

Glastonbury Planetarium



**Welcome to
Adult Education!**
We have classes that
fit your life

**Finish Your
High School
Diploma or
Earn Your
GED Today!**

Call 860-343-6044



Recreation

American Mah-jongg

Ruth Sigal



Have you seen Mahjongg being played or just even heard about it and think it would be a fun game to learn? Then come join and learn how to play this relaxing and enjoyable game over the course of 6 weeks (commitment to these 6 weeks is very important). Even if you just want to brush up on what you know about Mahjongg, this is the place for you to do that! You will need to purchase a card from the instructor at the first night of class, (\$14 - \$15) to be used through the 6 weeks. Please note: There will be one class on Mon. 11/10, due to 11/11 being a holiday.

REC 100 **Tues. 6:00-8:00 pm**
\$86 class fee **6 classes • Starts Oct. 21**
Room 104

GOLF



This program is designed for the new golfer or for golfers who have never played or have not played in a number of years. In five one-hour 15-minute sessions, our coaches will cover everything you need to know to play your

first round of golf. Classes will cover the basics of the golf swing, putting, short game techniques, rules and etiquette. Our coaches will discuss what you will need for golf, therefore it is recommended that you do not go out and buy clubs until you have started this class. You will be given a static club fitting which will allow the coach to make a recommendation as to which clubs to buy. Lessons will conclude with an on-course session to introduce the various areas of the golf course to complete this introductory class.

Classes will be held at the Golf Center at Lyman Orchards, 700 Main Street Middlefield, CT 06455. For directions please call (860) 398-6480.

Men's Golf Classes

REC 201 **Wed. 10:00-11:15 am**
\$169 class fee **5 classes • Starts Sept. 3**
Golf Center at Lyman Orchards

REC 202 **Fri. 10:00-11:15 am**
\$169 class fee **5 classes • Starts Sept. 12**
Golf Center at Lyman Orchards

Women's Golf Classes

REC 101 **Thurs. 10:00-11:15 am**
\$169 class fee **5 classes • Starts Sept. 4**
Golf Center at Lyman Orchards

REC 102 **Thurs. 5:15-6:30 pm**
\$169 class fee **5 classes • Starts Sept. 4**
Golf Center at Lyman Orchards

REC 103 **Fri. 5:15-6:30 pm**
\$169 class fee **5 classes • Starts Sept. 5**
Golf Center at Lyman Orchards

REC 104 **Mon. 11:30 am -12:45 pm**
\$169 class fee **5 classes • Starts Sept. 8**
Golf Center at Lyman Orchards

REC 105 **Mon. 5:15-6:30 pm**
\$169 class fee **5 classes • Starts Sept. 8**
Golf Center at Lyman Orchards

REC 106 **Fri. 10:00-11:15 am**
\$169 class fee **5 classes • Starts Sept. 12**
Golf Center at Lyman Orchards



Bus Trips



Garlic Festival

Saturday, September 27, 2025

Celebrate garlic! Located between the picturesque Catskill Mountains and the mighty Hudson River in historic Saugerties, NY this is the festival to enjoy everything garlic. You will visit the garlic marketplace with tons of gourmet garlic; visit the food alley featuring garlic enhanced foods such as sausage, pulled pork, garlic soup, garlic green beans and even garlic ice cream. Enjoy entertainment (Bluegrass, Cajun, Ragtime, Irish and German music), cooking demonstrations by renowned chefs of the Hudson Valley, instructive garlic growing and braiding talks. Plenty of arts and crafts vendors to browse and buy some goodies. Lunch on your own at the festival.

BUS 111

Departs: 8:00 am
Farm Hill School
390 Ridge Rd., Middletown
Estimated Return: 5:30 pm

Trip Fee: \$120

**TRIP FEE INCLUDES DELUXE MOTOR COACH
WITH A BATHROOM, TOUR DIRECTOR AND
DRIVER GRATUITIES.**



Presented by Friendship Tours. They are taking careful measures so you can travel with peace of mind. Please provide your email as a reminder and detailed itinerary will be sent the week before the trip. **Bus trips are non-refundable, no exceptions!** So be sure to check your dates before registering.



Bus Trips



Sunday, December 14, 2025

Experience the magic the SoWa Winter Festival, Boston's most festive holiday market, featuring over 100 local artisans and 10 + specialty food vendors. Discover unique gifts, handmade art and festive treats. Wander through a twinkling wonderland at the heated SoWa Power Station transformed with live music, holiday lights, and a giant Christmas tree. Whether you're shopping for unique gifts or simply soaking in the holiday cheer, this winter festival is a must-visit in Boston. Prior to our time at the Festival enjoy a three-course family-style Italian Lunch at Maggiano's Little Italy - everyone's favorite in Boston! Menu: Freshly Baked Ciabatta Rolls, Maggiano's Salad, Bruschetta, Rigatoni with Meat Sauce, Chicken Piccata, Lemon Cookies, Coffee, Iced Tea, Sodas. **Any food allergies please call us at 860-343-6044, when you register.**



BUS 200

Departs: 7:45 am
Farm Hill School
390 Ridge Rd., Middletown
Estimated Return: 6:30 pm

Trip Fee: \$140

**TRIP FEE INCLUDES MOTOR COACH WITH
A BATHROOM, TICKET TO WINTER FESTIVAL,
LUNCH, GRATUITIES AND TOUR DIRECTOR.**

Presented by Friendship Tours. They are taking careful measures so you can travel with peace of mind. Please provide your email as a reminder and detailed itinerary will be sent the week before the trip. **Bus trips are non-refundable, no exceptions!** So be sure to check your dates before registering.



Even Start Family Learning Program

The Middletown Even Start program is an NAEYC accredited program. It recognizes that the parent is the child's first and most important teacher. We support this by bringing parents in need of adult education and their children (ages 12 weeks -5 years) together in a dual generational learning program. Parents and their children can share the excitement and joy of learning together! The Even Start program provides early childhood education, (ages 12 weeks -3 years), adult education, parent support classes, and a monthly home visit. In addition, our families have the opportunity to work with our Career Developer for placement in job certificate programs, and apprentice training programs. The program supports the parent-child relationship and enhances parenting skills through parenting classes and daily parent and child activities.

Family Learning Combines:

- « Adult Education (Adult High School, GED, ABE, ELL)
- « Early Childhood Education, NAEYC
- « Parent and Child Together Activity
- « Parent Support Class
- « Collaboration with Community Services (Including Middletown Family Resource Center, ACES of Middlesex County, Diaper Bank of CT)

**Middletown Adult Education
Family Learning Program,
398 Main Street, Middletown**

**For Even Start Family
Learning Information,
Call (860) 343-6044**



High School Completion

**WE HAVE TWO WAYS!
CHOOSE THE PROGRAM
THAT'S BEST FOR YOU.**

AHS-CDP: (Adult High School Credit Diploma Program)

Complete a minimum of 25 credits and earn a Middletown Board of Education Adult High School Diploma!

- Transfer previously earned credits
- Attend credit classes
- Complete online classes
- Day and evening classes

GED®: (General Educational Development) Diploma Program

Complete a series of national standardized tests and earn a State of Connecticut High School Diploma!

- Registration available at Middletown Adult Education
- Free practice tests
- Free preparation classes

**Call (860) 343-6044
to register for all
academic programs.**



"INNOVATION IN MOTION" CLASS WITH JOE LAWLER

We Offer:

- FREE Academic Counseling
- FREE Career Counseling
- FREE Vocational Counseling
- Confidential Services
- Online classes are available

Counseling Services

Do you need some assistance in deciding which program is right for you? Come in and talk to us!

Academic Programs are Free of Charge to Residents of the Following Towns:

Middletown	Cromwell
Durham	Middlefield/Rockfall
Deep River	Chester
Essex	Centerbrook
Ivoryton	East Haddam/Moodus
East Hampton	Haddam/Higganum
Killingworth	Madison
Old Saybrook	Portland
Rocky Hill	Westbrook



Credit Diploma Program

The Adult High School offers Specialized Services:

- Internet resources
- Individualized and group instruction
- Need-based educational planning
- Student-centered curricula
- Addresses individual learning needs
- Teacher support through mentoring

Adult High School Credit Diploma Program (AHS-CDP)

FOR ADULTS 17 AND OVER

(WITHDRAWN FROM DAY SCHOOL)

- AHS Classes: English, Math, Science, Social Studies, Electives
- Online Classes
- Credits for Prior Learning
- Credits for Work Experience or Training
- Credits for Military Experience
- Credits for Community Service
- Family Learning Activities
- Counselors, Peer Support

Daytime: Monday through Friday

Evening: Monday and Wednesday

398 Main Street, Middletown

AHS-CDP Classes also available at:

210 Main Street, Old Saybrook

**For more information
about these sites,
call (860) 343-6048**



GED® Preparation Program

GED® (General Educational Development) State Of Connecticut High School Diploma

This program prepares adult learners to pass the 4-part, computer-based GED exam to earn a State of Connecticut High School diploma. We provide instruction in each of the four subject areas: Science, Social Studies, Math and Reading/Language Arts as well as basic computer skills. Instructors will also review the official website, ged.com where students can access related exam information, resources and exam registration procedures. We offer instruction in English at all sites and in Old Saybrook, we also offer instruction in Spanish.

To register for the GED exam, you must be at least 17 years old and officially withdrawn from school for 6 months. All 17 and 18-year olds must submit a withdrawal form with a parent or guardian signature. To begin the GED registration process, you register on-line at GED.com and complete the process in person at our Main Street site in Middletown.

To register for our free classes and complete your State of Connecticut High School diploma, please call (860) 343-6048 to begin registration.

GED® Testing in Middletown and Old Saybrook.



CLASS LOCATIONS & TIMES Old Saybrook, 210 Main St

Call 860-388-1281

Monday through Fridays

Days & Evenings by appointment

Middletown, 398 Main St

Call 860-343-6048

Monday through Friday Days

Monday & Wednesday Evenings

EXAM REGISTRATION FEE:

For applicants over the age of 21: \$13.00 (*non-refundable*).

For veterans and applicants under the age of 21: no fee.

Students who would like a copy of their transcript will find request forms online at <http://portal.ct.gov/sde>

**Important:
Pre-registration for
classes is required!**

¡Prepare para el GED en español!

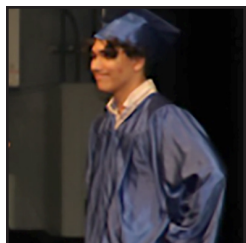
Una clase se ofrece en Old Saybrook. Llame a 860-388-1281 para más información. Estamos abierto entre las ocho y mediodía de lunes a Viernes. El examen también se ofrece en español.



Student Success Stories

GRADUATES FROM THE CLASS OF 2025

Credit Diploma Program Speaker



Angel Ramos is a Credit Diploma Program graduate whose smile lights up every room he enters. Known for his strong work ethic, positive attitude, and natural likability. Angel consistently leaves a lasting impression on everyone

he meets. Whether tackling challenges head-on or lending a hand to a classmate, Angel approaches every opportunity with genuine enthusiasm and a commitment to doing his best. This June Angel started at Connecticut's Skill Up for Manufacturing at the CT Community College Middlesex Campus..

GED Class Speaker



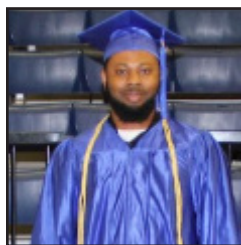
Kenya Dunn's journey to earning her GED is a powerful testament to resilience and determination. Despite the many challenge's life presented, she never lost sight of her goal, to graduate, not only for herself but

for her children. Her unwavering commitment and perseverance have made her a model to those around her. Kenya is continuing her educational journey at CT Community College pursuing her dream of becoming a radiologist tech. Her story is one of dedication and purpose, no obstacle is too great.



Malone Morrison is a remarkable student whose artistic talent and sharp sense of humor have always set him apart. Despite facing significant obstacles both in high school and later in adult education,

something eventually clicked. He found his drive and determination. He quickly passed all his GED tests impressively accelerating through the process with focus and resilience. Malone is enrolled in multiple technology programs and is now pursuing a degree in cybersecurity.



Dean Wilson has recently been accepted to Connecticut Community College, taking a significant step toward his lifelong dream of becoming a nurse and eventually, a medical doctor. His journey has not been without

challenges, but his unwavering determination and grit have propelled him forward. Dean is dedicated, hardworking, and intellectually curious. Whether tackling complex math coursework or working full-time to support his wife, four children and mother, he has shown a deep commitment to learning and helping others.



Peyton Rowell's journey is a powerful reminder of how the right environment can spark new passions and uncover hidden potential. When she first came to adult education, school wasn't something she

had ever felt connected to, but that quickly changed. Her motivation took off, and she began to thrive in her classes, especially after discovering a love for the medical field through an anatomy course. She will be attending CT State Community College where she plans to pursue a career in sonography.



English Language Learners (ELL)



CLASS LOCATIONS & TIMES

Middletown, 398 Main St

Mon. through Fri. Mornings • 9–11:30 am

Mon. through Fri. Afternoons • 12:30–3 pm

Rocky Hill, Griswold Middle School

Tues. and Thurs. Evenings • 6–8:30 pm

Old Saybrook, 210 Main St

Mon. and Wed. • 9:30 am–12 pm

Tues. and Thurs. • 6–8:30 pm

Citizenship

Join Our Citizenship Preparation Classes

- Prepare for the U.S. Citizenship and Immigration Services (USCIS) exam
- Practice for the Naturalization interview
- Learn about U.S. History, government, civics and geography
- Study difficult vocabulary that the USCIS officer may ask you to explain

CLASS LOCATIONS & TIMES

Middletown Site Only 398 Main St

Call for Start Dates, Monday Evenings • 6–7:30 pm

**For registration or
more information
call (860) 343-6044**



Basic Skills Program

Have you been out of school for a while? Would you like to improve your reading, writing or math skills? Are you trying to get a new job or promotion? Maybe you have some personal goals that require better reading, writing or math. The Middletown Adult Education ABE Program might be for you!

What We Offer

- Free assessment to help determine your needs
- Free classes
- Convenient day and evening classes
- Online classes are available

Who Is Eligible

- Individuals 17 years of age or older
- Individuals no longer enrolled in school
- Individuals lacking a high school diploma
- Residents of towns listed on page 3



CLASS LOCATIONS & TIMES

Middletown, 398 Main St

Monday - Friday Days

Monday & Wednesday Evenings

Word Search Answer Key





Middletown Adult Education

(860) 343-6044 • WWW.MAECT.COM