



Create and Learn at



Middletown Adult Education

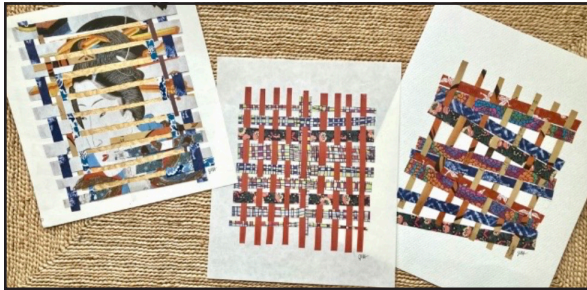
Fall 2026 • www.maect.com • (860) 343-6044

**Find a
class that is
right for you!**
SEE DETAILS INSIDE!

GLASS ART CLASSES



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WHITTling



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COOKING CLASSES





Mission Statement

Middletown Adult Education is dedicated to the service and growth of each student and committed to the belief that all students may achieve success.

A Regional Adult Education Program Administered by the Middletown Board of Education in Cooperation with area Boards of Education serving Middletown, Cromwell, East Haddam/Moodus, East Hampton, Madison, Old Saybrook, Portland, Rocky Hill, Regional District #4 (Chester, Deep River, Essex Centerbrook, Ivoryton), Regional District #13 (Durham, Middlefield, Rockfall), Regional District #17 (Haddam, Higganum, Killingworth), and Westbrook. Providing academic programs; early childhood classes; family education; workplace education; enrichment classes; assessment services; and counseling.

**Register today at
www.maect.org**

**Please Note: We do not mail confirmations.
However, if you provide your email address
we will email your confirmation.**

Where do you want to go?

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General Information

PROGRAM ACCESSIBILITY

All activities offered by Middletown Adult Education are held in accessible locations. Accommodations for individuals with a documented disability are available upon request. Please contact Joe Lawler, Middletown Adult Education (860) 343-6044 for further assistance.

SEXUAL HARASSMENT POLICY

The Middletown Board of Education has developed a policy regarding sexual harassment. For more information, call Associate Superintendent Dr. Jada Waters at (860) 638-1469.

STATEMENT OF NON-DISCRIMINATION

The Middletown Board of Education is an affirmative action/equal opportunity employer, and it does not discriminate on the basis of race, color, religious creed, age, marital status, civil union, military or veteran status, national origin, ancestry, sex, gender identity or expression, sexual orientation, or past or present physical or mental disability in any of its education programs, activities, or employment policies. All educational programs and offerings, including vocational education and extracurricular activities, subscribe to this policy. Dr. Jada Waters, Director of District Operations, has been designated to handle inquiries regarding the district non-discrimination policies and may be reached at 311 Hunting Hill Avenue, Middletown, CT 06457; Phone (860) 638-1469.

MANDATED PROGRAMS

Include: High School Completion Program, ABE, ESL and Citizenship. **Note:** For mandated programs only, there is no fee for registration, books or materials to any adult enrolled in the ABE, ESL, High School Completion and Citizenship Programs.

STUDENT REGULATIONS

- Smoking is not permitted in any public school buildings in Middletown.
- Refreshments are not permitted in the classrooms, hallways or lavatories.
- Parking for 398 Main Street is available directly behind the building (Mellili Plaza).

ENDORSEMENT OF TEACHERS

The employment of instructors by Middletown Adult Education does not constitute endorsements of goods or services provided by instructors in their private jobs or business. Please contact the Adult Education office (860) 343-6044 if you have any questions regarding this matter.

DISCLAIMER

Middletown Adult Education is not responsible for typographical errors. Every effort is made to provide clear and accurate information and to adhere to the original information presented herein. However, when changes are necessary, we reserve the right to make those changes as needed.

CERTIFICATE OF ATTENDANCE

A Certificate of Attendance is available from the Adult Education office when requested through the instructor. For further information, call the Adult Education office at (860) 343-6044.

GED® TEST ACCOMMODATIONS

Accommodations for the GED® test are available for qualified individuals with a disability. For more information contact Joe Lawlor, 860-343-6044 or you may contact accommodations@GED.com

REFUND POLICY

The **ONLY FULL REFUNDS** permitted are those dictated by the **COMPLETE** cancellation of the class due to low enrollment. No other refunds will be honored. Please allow at least one month for processing.



General Information

DIRECTIONS

Call (860) 343-6044 for directions or check the website www.maect.org.

CONFIRMATIONS & RECEIPTS

We do not automatically mail confirmations. Your receipt is your canceled check or credit card charge. Unless notified, classes will run as scheduled. If you would like a confirmation, please send a self-addressed, stamped envelope. If you register online, confirmations can be printed from our web page and saved as a receipt.

CLASS CANCELLATION (DUE TO WEATHER)

Middletown: Whenever the Middletown Public Schools are closed due to bad weather, Adult Education classes do not meet. Listen to radio stations WTIC AM 1080, WMRD AM 1050, Channel 8 (WTNH), or Channel 30 (WVIT). Should snow or inclement weather develop during the day, class cancellations are announced by late afternoon. Canceled classes will be made up by adding an additional session. **Cancellations will be listed on our website: www.maect.org.**

Middletown

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Michelle DiMauro, Denise Grodzicki, *Counselors*

Christine Valdez, *Social Worker*

Bernadette Bielat, Joseph P. Lawler, *Lead Teachers*

Melanie W. Foley, *Enrichment Program Facilitator*

Madelyn Cruz, *Career Developer*

Directions

Middletown Adult Education Center (MAE)

398 Main Street, Middletown

The MAE Center is in the heart of downtown Middletown, near shopping and restaurants. The entrance is adjacent to the rear entrance for the Main Street Market and Malloves Jewelers. Parking is in the Mellili Plaza parking lot on Washington Street, between Main Street and Rt. 9. From Main Street, turn onto Rt. 66 heading towards Rt. 9. Take your 1st right and the parking lot is on the left. From Rt. 9, take exit 23C and cross the RR tracks. After one-half block, take a left, and the entrance to MAE is straight ahead.

Bus Trip Parking Location

Farm Hill School, 390 Ridge Road, Middletown

From Rt. 9 North or South, take Exit 11. Go left at the end of the exit. Go through a blinking light, then at the 2nd stop light take a right onto Ridge Rd. Continue until stop sign. Farm Hill School is on the right. Park in the rear of the building.





Calligraphy for Beginners

Jean Little

Treasure the moments with memories saved in beautiful hand scribed calligraphy. Add elegance using calligraphy on envelopes, invitations, quotes, favorite family recipes and gifts for any occasion. This is a great way to make a first impression. You will have a small but completed project in just 6 weeks. *The materials fee of \$12 paid in cash to the instructor on the first night of class includes assorted parchment papers, stock cards and grid sheets.* Calligraphy supply list will be given prior to class, so please provide your email address.

ARS 100

Tues. 6:00-8:00 pm

6 classes • Starts Sept. 22

Room 203

\$90 class fee



Fall Themed Glass Art

Amy Dzurka

In this class you will use a variety of materials to create a fall piece including pumpkins, sunflowers, leaves, or any other ideas you may aspire to on a 8" x 10" glass frame or canvas. Paint will be provided for those who wish to paint the background of their canvas. Materials provided will include but not limited to, colored crushed glass, sea glass, shells, rocks, driftwood, and tiles. All pieces will be secured using a high gloss resin applied by the instructor. Instructor encourages all participants to be creative, if you are inspired to make something other than a pumpkin she will assist you. *Materials fee of \$25 payable to instructor night of class.*

SESSION 1:

ARS 105

Wed. 6:00-8:00 pm

1 class • Oct. 14

Room 208

\$32 class fee

SESSION 2:

ARS 106

Tues. 6:00-8:00 pm

1 class • Oct. 27

Room 208

\$32 class fee

Holiday Glass Art

Amy Dzurka

In this class you will use a variety of materials to create a unique holiday decor piece on a 8"x10" glass frame or canvas. Paint will be provided for those that choose canvas. The materials will include but not limited to, colored crushed glass, sea glass, shells, rocks, driftwood and tiles. All pieces will be secured using a high gloss resin applied by the instructor. All participants are encouraged to be creative. *Materials fee of \$25 payable to instructor night of class.*

SESSION 1:

ARS 107

Thurs. 6:00-8:00 pm

1 class • Nov. 19

Room 207

\$32 class fee

SESSION 2:

ARS 108

Wed. 6:00-8:00 pm

1 class • Dec. 2

Room 207

\$32 class fee



Arts & Crafts

NEW

Learn the Art of Paper Weaving

Jean Rill-Alberto

You will be creating two beautiful paper weaving's using paper strips as your warp and weft instead of yarns like in traditional weaving. You will choose from many different patterned papers to make your designs on thick 8" x 10" watercolor paper. *Materials fee of \$16 payable to instructor night of class.* Class limited to 10 students.

ARS 300

Mon. 6:00-8:00 pm

1 class • Oct. 26

Room 114

\$36 class fee



NEW

Techniques of Watercolor II

Nancy Roman

THIS IS A CONTINUATION OF WATERCOLOR I.

In this four-week class you will explore some more of the basic techniques of watercolor painting, including tones and values, watercolor washes, wet-on-wet painting, line wash, and negative painting. In each two-hour class, you'll paint a complete 5x7 portrait, based on the techniques you'll learn that day. You don't need to be an experienced painter; beginners are welcome. You will not all be painting the same subject. Nancy, your instructor, will bring dozens of reference photos each week for you to choose from, so your painting will be unique. Materials fee of \$30 is payable to the instructor on the first night of class for the following supplies: High quality paint, paper, brushes, drawing materials, etc. Just come and paint!

ARS 201

Thurs. 6:00-8:00

4 classes • Starts Oct. 8

Room 207

\$100 class fee



NEW

Watercolor Winter Landscapes

Nancy Roman

Paint a beautiful winter scene in watercolors with watercolor artist Nancy Roman. Learn the techniques to paint snow and winter skies, with watercolor washes that reflect the muted colors of a New England winter. In additions to creating an original painting to frame, Nancy will give you tips to photograph your painting so that you can use it to create your own original Christmas cards or notecards. You can use a reference photo of your own, or choose one of the many photos that Nancy will provide. Our drawing method makes even complicated subjects easy to draw. Because of the technique we will use for the initial drawing, your photo needs to be 5" x 7". Your picture should be **PRINTED**, not a photo on your phone or tablet. If you have a picture but don't have that size or can't print it, Nancy can help you if you let her know in advance. A photocopy is fine. All materials will be provided, high quality paint, paper, brushes, and drawing materials, etc. Email instructor if you have any questions: Nancy Roman, notquiteold51@gmail.com

SESSION 1:

ARS 202

\$50 class fee

Thurs. 6:00-8:00 pm

1 class • Nov. 5

MAE 207

SESSION 2:

ARS 203

\$50 class fee

Thurs. 6:00-8:00 pm

1 class • Nov. 12

MAE 207



Arts & Crafts

Beginning Stained Glass

Sarah Segovia

Learn the basic techniques of cutting glass and assembling these intricate designs. Students will choose from a heart or leaf pattern to create their own hanging sun catcher. No experience necessary. All tools will be provided. *Materials fee of \$20 payable to instructor on the first night of class.*

ARS 102

Tues. 6:00-8:30

2 classes • Oct. 13 & Oct. 20

Room TBD

\$46 class fee

Stained Glass Jewelry

Sarah Segovia

Create your very own unique stained glass jewelry in this one evening workshop. You will learn the basic techniques of stained glass and will be guided through the steps of making earrings, pendants, bracelets and more! Lots of glass colors and textures to choose from. No experience necessary. *Materials fee of \$20 payable to instructor night of class.*

ARS 101

Tues. 6:00-8:30 pm

1 class • Sept. 22

MAE 119

\$26 class fee



Moravian Star

Sarah Segovia

Learn the basic technique of cutting glass and assembling these intricate designs. No experience necessary. All tools will be provided. *Materials fee of \$20 payable to instructor first night of class.*

ARS 103

Mon. 6:00-8:30 pm

2 classes • Nov. 9 & Nov. 16

Room 119

\$46 class fee

Stained Glass Nightlight

Sarah Segovia

Create your very own stained glass nightlight in this beginner workshop. Students will make a small sun catcher in class and we will attach with solder the brass clip and assemble the nightlight. We'll do it all in the 2 evenings of class! *Materials fee of \$25 for all supplies and nightlight hardware.*

ARS 104

Thurs. 6:00-8:30 pm

2 classes • Dec. 3 & Dec. 10

Kitchen

\$46 class fee

Choose Your Path After Graduation

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860-343-6044





Tatakizome — Flower Hammering Natural Dye Method

Aubrey Wood (The Three Two Store)

Learn the art of Tataki-zome (transferring dye from flowers to fabric by hammering) with Aubrey Wood from Nova Goods. We'll go over the basics of scouring and mordanting fabric to create permanent prints and then delve into hammering technique. Aubrey will have an array of hand picked, fresh flowers to choose from. This workshop will help you reconnect with nature and your creative self. *Materials Fee: \$70 per person (includes a mordanted and prepared cotton handkerchief, hammer, barrier cloth and fresh flowers).*

Newly added class. Call 860-343-6044 for details.



Intelligence plus character—that
is the goal of true education.

Martin Luther King Jr.

Handsoap Workshop

Virginia Wilkos-Stafford

This is a beginning soap making class, where you will learn the simple benefits of the simple luxury of hand-made soap, seen in country stores or boutiques. The first session will be informative, outlining the benefits of natural hand-made soaps and then describing in detail how soap is made. The second session is where the real fun happens. You will make your own 2 1/2 lb. Loaf of soap. You will choose one of the soap recipes to make in class, then bring your soap home to eventually slice and let cure. Materials fee of \$38 payable to instructor at the first class, which will include soap ingredients, soap mold, mixing bucket, safety goggles, a spatula and a whisk, all of which you take home for the next time you make soap at home. Please note: you will need to bring your own crock pot for the second class. But rest assured, while lye is involved in making natural soap, no lye will touch the crock pot, it will only be used to warm up the oils.



CRA 100

\$40 class fee

Presentation: Wed. 10/21 6:00-8:00 pm

Hands-on: Wed. 10/28 6:00-9:00 pm

Kitchen

Felted Autumn Pumpkin

Elena Gibson

In this workshop, you'll create a pair of felted pumpkins complete with stems and vines. Learn how to transform sheep wool into firm pumpkin shapes using a special barbed needle and use the wet felting technique to add curly vines. Your finished pumpkins will be perfect for enhancing your holiday decor. No previous felting experience is necessary. *Materials fee of \$20 payable to instructor, night of class.*

CRA 101

\$36 class fee

Wed. 6:00-9:00 pm

1 class • Oct. 14

Room 114



Arts & Crafts

Felted Woolly Woodland Animals

Elena Gibson

In this class, you will have the opportunity to create two or more charming miniature felted critters. You will start with one basic shape and learn how to use a special barbed needle to transform it into a variety of animals such as a mouse, fox, hedgehog, squirrel, or owl. In addition, you will use the wet felting technique further to enhance the shape and firmness of the figure. No previous felting experience is necessary.

Materials fee of \$20 payable to instructor night of class.

CRA 102

Wed. 6:00-9:00 pm

1 class • Nov. 4

Room 114

\$36 class fee



Felted Gnome Ornament

In this workshop, you will create a pair of charming miniature felted gnome ornaments. You will learn how to transform sheep wool with a special barbed needle into a firm felted figure emphasizing facial features.

In addition, you will use the wet felting technique to fashion their pointy hats and further enhance the shape and firmness of the figure. The gnomes can be finished as hanging ornaments or as free-standing sculptures. No previous felting experience is necessary. *Materials fee of \$20 payable to instructor, night of class.*

CRA 103

Wed. 6:00-9:00 pm

1 class • Dec. 2

Room 114

\$36 class fee

Whittling 101

Rick Johnson

Learn the basics of wood carving. Rick will have a seasonal appropriate project or two for you to try. He will first introduce you to wood carving, safety, blade maintenance and the basic cuts.



Once you have learned the techniques, you will start whittling projects. He will supply all the tools you need to use, but if you already have carving tools, feel free to bring them and he will discuss their use and go over what tools you might want to purchase on your own. *The wood blanks are \$5 each, payable to the instructor.*

CRA 104

Tues. 6:00-8:00 pm

4 classes • Starts Oct. 6

Room 108

\$75 class fee

NEW

Whittling 102

Rick Johnson

Continue working with Rick as he guides you on projects that interest you. There will be a brief refresher on safety, and the rest of the time will be spent working on your own projects or if you don't have any in mind he will have some ideas to share. If you have purchased your own tools bring them, otherwise he will have tools for you to use. *Wood blanks are \$5 and payable to instructor.*

CRA 105

Tues. 6:00-8:00 pm

4 classes • Starts Nov. 3

Room 108

\$75 class fee



Arts & Crafts

Introduction to Basketweaving

Nancy Kalos

You will learn techniques to create a basket which can be used for multiple needs. This basket has a 6" x 6" bottom, a 6" in height and a 10" wide opening. Color choices will be made available for you to add your own creativity.

Materials fee of \$10 payable to instructor night of class.

CRA 108

Tues. 6:00-8:30 pm
3 classes • Starts Nov. 3
Room 114

\$76 class fee



Intermediate Basketweaving

Nancy Kalos

You will learn several techniques which will embellish this basket using flat and round reed material. New weaving pattern will be introduced. This oval basket has an 8 "x 6" woven bottom and a 12 "x 10 "opening. *Materials fee for the class is \$10. Payable to instructor first night of class.*

CRA 109

Tues. 6:00-8:30 pm
3 classes • Starts Oct. 13
Room 114

\$76 class fee



Finish your High School Diploma!

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call 860-343-6044

Sewing

Ashley Parker

Prerequisite: You must own a portable machine to bring to class and know how to operate it. These classes will focus on learning more sewing skills. Kits will be provided at each class and you will make a small project each week to take home. There is a materials fee listed for each class and payable to instructor before start of class. This class is limited to 8 students.

Basic Sewing 101

Do you own a sewing machine and have no idea how to use it? Or have always wanted to learn to sew? Then this is the class for you. You will learn basic machine operations, and troubleshooting. Learn how to sew basic seams, hemming, French seams, elastic application, lining, and more. You will make a small project each week to take home. (Some examples grocery tote, scrunchie, microwavable bowl cozy and more). You will need to bring your own portable machine. *All materials will be supplied for a fee of \$50 payable to the instructor at the first class.*

SEW 301

Tues. 5:30-7:00 pm
4 classes • Starts Oct. 6
Room 208

\$112 class fee

NEW

Basic Sewing 201

Prerequisite Basic Sewing 101. Now you will go beyond the basics, you will tackle useful projects like creating a decorator pillow cover while learning to insert a zipper, self-lining a table runner, elastic waistband application in a cozy pair of fleece PJs and more. *A materials fee of \$50 payable to instructor, first night of class.*

SEW 302

Tues. 5:30-7:00 pm
4 classes • Starts Nov. 3
Room 208

\$112 class fee



Arts & Crafts

Fundamentals of Embroidery

Lily Stabile

Looking to learn hand embroidery but not sure where to start? In this class you will learn all the basics, such as a running stitch, back stitch, satin stitch and more. Outlining, filling and decorative stitches will also be taught. You will receive a beautifully packaged beginner's supply kit (\$12 payable to the instructor on the first night of class). You will leave with the foundation you need to create your own beautiful project. If you have a project you are interested in working on, you may bring it to class.

SEW 200

Thurs. 6:00-8:00 pm

4 classes • Starts Oct. 8

Room 208

\$76 class fee

NEW

Creative Embroidery Techniques

Lily Stabile

This class is designed for those who have mastered basic stitches and are looking to bring their skills to the next level. Many methods for creating raised embroidery will be taught, including stumpwork and wire piecing (stumpwork is a style of three-dimensional hand embroidery that uses padding, wire, and specialized techniques to make designs pop off the fabric, instead of lying flat against a background, elements like petals, insects, or clothing are stitched separately, shaped, and attached to create a realistic, sculptural effect.) You will explore adding mixed media elements such as beads and felted shapes to your piece. This class will be fun and challenging. *Materials fee of \$15 payable to instructor first night of class.*

SEW 201

Thurs. 6:00-8:00 pm

4 classes • Starts Nov. 5

Room 208

\$76 class fee



NEW

Introduction to Handspinning

Lily Stabile

In this class you will learn the fundamentals of spinning wool with a drop spindle while exploring fiber selection, yarn characteristics, and what makes a quality hand-spun yarn. You will learn to work with wool and a spindle, examine a variety of fiber samples and finished yarns, and even have the opportunity to try a spinning wheel. Perfect class for people who knit, crochet and weave. *Materials fee of \$12 payable to instructor night of class.*

SEW 202

Tues. 6:30-7:30 pm

2 classes • Starts Nov. 3

Room 203

\$36 class fee

NEW

Hand Applique Basics Workshop

Jayne Whittle

Discover the beautiful art of hand appliqué in this relaxed workshop. Whether you are new to stitching or looking to refine your technique, you will learn how to turn fabric shapes into beautifully detailed textile art using traditional hand-sewing methods. You will learn to prepare templates and transferring designs onto fabric, basting and positioning the appliqué pieces accurately before stitching. Learn stitching techniques (invisible blind stitches and smooth curves by hand). You will leave class with a sample block and the confidence to add appliqué details to quilts, wall hangings, and other handmade projects. All levels welcome. *Materials fee of \$15 payable to instructor night of class.*

SEW 103

Wed. 5:30-8:30 pm

1 class • Nov. 4

Room 119

\$50 class fee



Arts & Crafts

NEW

Hand-Pieced Mini Quilt Workshop

Jayne Whittle

Slow down and enjoy the art of traditional quilt-making. Perfect for beginners or anyone who wants to learn hand-piecing, you will sew a small quilt, entirely stitched by hand. You will learn hand-piecing stitches, seam allowances, and piecing simple blocks. Next learn how to layer your top, batting, and backing to construct a class “quilt sandwich,” before finishing your mini quilt with hand-tying and sewing a neat, durable binding. Tips on thread selection, basting techniques, and pressing hand-pieced seams will be discussed. (Approx. size 12” x 16”). *Materials fee of \$38 payable to instructor first night of class.*

SEW 101

\$90 class fee

Thurs. 5:30-8:30 pm
3 classes • Starts Oct. 8
Room 119



NEW

English Paper Piecing Workshop (Hexagon Basics)

Jayne Whittle

Discover the traditional needlework art of English Paper Piecing in this hands-on, workshop. Perfect for beginners and seasoned stitchers alike, you will learn the foundational techniques needed to construct beautiful hexagon designs by hand. You will learn the entire process step-by-step from preparing crisp templates with freezer paper to thread basting and seamlessly stitching your hexagons together. Also, receive advise on fabric choice, thread and finishing touches. You'll leave class with a completed sample and the confidence to tackle your own quilt blocks and heirloom projects at home. All levels are welcome. *Materials fee of \$15 payable to instructor night of class.*

SEW 102

\$50 class fee

Wed. 5:30-8:30 pm.
1 class • Oct. 28
Room 119



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Cooking

COOKING CLASSES

PLEASE NOTE: This applies to all cooking classes

- Due to the preparation necessary for these cooking classes, No Cancellations or credits will be issued. You may send a substitute if you can't attend.
- These cooking classes will be a combination of demonstration and hands-on.
- Recipes will be handed out at each class and tasting is a requirement.
- Remember to bring materials fee payable to instructor night of class.

Decorate Halloween Cookies

Priscilla Harkness

Make cute Halloween cookies. Learn techniques that will allow you to decorate cookies for your friends and family. You will learn how to outline, flood and detail. Six cookies provided, pre-made icing, recipes for both cookies and icing, decorating tips and a scribe will be provided. *A materials fee of \$20 payable to instructor night of class.*

COK 201

Wed. 6:00-8:30 pm

1 class • October 7

\$30 class fee

Kitchen



Decorate Holiday Cookies

Priscilla Harkness

Impress your family and friends with decorated holiday cookies. You will be provided with six cookies, pre-made icing, sprinkles, decorating tips, recipes for both cookies and icing and a scribe will be provided. Valuable tips will be shared. *A materials fee of \$20 payable to instructor night of class.*

COK 202

Wed. 6:00-8:30 pm

1 class • Nov. 18

\$30 class fee

Room 119

Sourdough Bread Baking 101

Suzanne Greenwald

You will learn to develop a starter and practice baking 3 different breads all without using commercial yeast. This is a hands-on class and you will make and take projects home after each class. This class will be good for beginners. You will need to bring a large metal mixing bowl to bring back and forth to each class. Handouts will be available. *A one time materials fee of \$20 payable to the instructor at the first class.*

COK 110

Tues. 6:00-9:00 pm

4 classes • Starts Sept. 15

\$96 class fee

Kitchen

NEW

Sourdough Pumpkin Bread

Suzanne Greenwald

PLEASE NOTE: THIS CLASS IS FOR ANYONE WHO ALREADY HAS TAKEN SOURDOUGH BREAD 101 OR HAS PREVIOUS EXPERIENCE WITH SOURDOUGH BREAD BAKING.

You will need to bring a starter and bowl to class. This isn't a quick bread style pumping bread but rather a fully fermented sourdough bread that incorporates pumpkin puree. *Materials fee of \$5 payable to instructor first night of class.*

COK 111

Mon. 6:00-9:00 pm

1 class • Oct. 19

\$46 class fee

Kitchen

You Got this!
Call 860-343-6044

**May your choices
reflect your hopes not
your fears.**

-Nelson Mandela



Sourdough Cinnamon Rolls

Suzanne Greenwald

PLEASE NOTE: THIS CLASS IS FOR ANYONE WHO ALREADY HAS TAKEN SOURDOUGH BREAD 101 OR HAS PREVIOUS EXPERIENCE WITH SOURDOUGH BREAD BAKING.

You will learn to make delicious cinnamon rolls. You will need to bring an active ripe starter and a large bowl. *Materials fee of \$5. payable to instructor night of class.*

COK 112

Mon. 6:00-9:00 pm

1 class • Nov. 2

Kitchen

\$46 class fee

Sourdough Pasta

Suzanne Greenwald

PLEASE NOTE: THIS CLASS IS FOR ANYONE WHO ALREADY HAS TAKEN SOURDOUGH BREAD 101 OR HAS PREVIOUS EXPERIENCE WITH SOURDOUGH BREAD BAKING.

In this class you will learn to make sourdough pasta. You will need to bring an active ripe starter and a large bowl. *Materials fee of \$5. payable to instructor night of class.*

COK 113

Wed. 6:00-9:00 pm

1 class • Dec. 16

Kitchen

\$46 class fee



NEW

Veggie Sushi

Matthew Yanarella

Explore sushi making with this demonstration that's great for beginners. Learn all about the crucial ingredients: sushi rice, veggies, and nori, and then learn how to properly assemble and roll these Japanese favorites. Recipes will be handed out in class. *Materials included in the price of the class.*

COK 101

Tues. 6:30-8:30 pm

1 class • Sept. 29

Room 207

\$50 class fee

NEW

Pizza

Matthew Yanarella

You will learn all the steps in making your own pizza. Learn to make dough from scratch, homemade pizza sauce, rolling techniques. Everyone will make their own personal size pizza and can add a variety of toppings before cooking in the portable pizza oven. Recipes will be handed out in class. *Materials included in the price of the class.*

COK 102

Thurs. 6:30-8:30 pm

1 class • Oct. 8

Kitchen

\$50 class fee

NEW

Calzones

Matthew Yanarella

Learn how to make a classic calzone, from dough to the filling, to cooking it in the oven. Matt will take you step by step through making these hand-made cousins to pizza. Recipes will be handed out in class. *Materials included in the price of the class.*

COK 103

Tues. 6:30-8:30 pm

1 class • Oct. 13

Kitchen

\$50 class fee



Cooking

Fresh Pasta

Matthew Yanarella

You will learn how to make pasta the traditional way. Transform eggs, flour and salt into the tastiest pasta dough you've ever tried, learn the secrets of making a great simple tomato sauce, and get some experience using a real pasta machine to roll out the dough you've prepared before boiling and enjoying your creation. Recipes will be handed out in class. *Materials included in the class fee.*

COK 104

Wed. 6:30-8:30 pm

1 class • Nov. 4

\$50 class fee

Kitchen

NEW

Sweet Potato Ravioli

Matthew Yanarella

A perfect dish for fall, you will be guided through making the dough, using a pasta machine to roll out the sheets, make the delicious filling, then finally stuffing and boiling these delicious Italian dumplings, then serve the raviolis with a wonderful maple butter sauce. Recipes will be handed out in class. *Materials included in the price of the class.*

COK 105

Wed. 6:30-8:30 pm

1 class • Nov. 18

\$50 class fee

Kitchen

Cannoli

Matthew Yanarella

Learn to make this Sicilian favorite. Matt will demonstrate how to make the dough using authentic ingredients, learn how to make a sweet and delicious creamy filling, then he will show how to fry the shells. He will provide pre made shells for you to fill and sample. Recipes will be handed out in class. *Materials fee in the price of the class.*

COK 106

Wed. 6:30-8:30

1 class • Dec. 2

\$50 class fee

Kitchen

Dance



Zumba

Bethany Ty

Zumba is a dance fitness class that incorporates Latin and international music and dance movements which create a dynamic, exciting workout. This class combines fast and slow rhythms that tone and sculpt the body in an aerobic/fitness fashion to achieve a unique balance of cardio and muscle toning. You will use lightweight maraca-like toning sticks for some of the routines to enhance sense of rhythm and coordination, while toning target zones, including arms, core and lower body. Dancers and non-dancers are welcome.

SESSION 1:

DAN 105

Mon. 6:30-7:30 pm

6 classes • Starts Sept. 14

\$70 class fee

Room 207

SESSION 2:

DAN 106

Mon. 6:30-7:30 pm

7 classes • Starts Nov. 2

\$80 class fee

Room 207



Wellness



Yoga – All Levels

Karen Sevenoff

This class is suitable for beginners and those with a little experience under their belt. This class will include breath control techniques and physical exercises, which will help you achieve relaxation and vitality. This dynamic yoga class will help to build your strength, flexibility, balance and mental focus. This class is a guidance to help transform the body and mind into complete wellbeing. Bring a water bottle and yoga mat and any props you might want to use for your practice.

SESSION 1:

WELL 101

\$80 class fee

Wed. 6:00-7:00 pm

7 classes • Starts Sept. 9

Room 207

SESSION 2:

WELL 102

\$70 class fee

Wed. 6:00-7:00 pm

6 classes • Starts Oct. 28

Room 207

Languages

NEW

Travel and Culture Series

Arlette de Koning

These 3 classes will be online, each class meeting once a week for 3 weeks. Please provide your email when registering, as the instructor will send a link for you to attend the class and send pdf notes.

Travel and Culture of France

Learn about the history and culture of the most visited country in the world. Besides popular Paris, Normandy, the Loire Valley and the Provence, you will learn about other great places to visit. Arlette lived in France and speaks fluent French, so she will give you some valuable insider's tips on where to go and how to travel. You will also learn some phrases useful for travel.

LAN 201

\$75 class fee

Tues. 6:30-8:30 pm

3 classes • Starts Sept. 28

Online

Travel & Culture of Italy

Learn about the history and culture of Italy and which places to visit. Besides popular cities like Venice, Florence, and Rome, you will also learn about other great places such as the beautiful island of Sicily. Arlette lived in Italy and speaks Italian, so she will give you some valuable insider's tips. You will also learn some useful cultural phrases useful for travel.

LAN 202

\$75 class fee

Tues. 6:30-8:30 pm

3 classes • Starts Oct. 20

Online

You Got this!
Call 860-343-6044

**May your choices
reflect your hopes not
your fears.**

-Nelson Mandela



Languages

Travel and Culture of Holland and The Netherlands

Holland or the Netherlands? Learn about the history and culture of this small but popular country and its connections to the U.S. Arlette grew up in the Netherlands and speaks fluent Dutch, and will give you some valuable insider's tips on where to go and how to interact with the Dutch. You will also learn about Belgium and the Dutch Caribbean, and included will be some phrases useful for travel.

LAN 203 Tues. 6:30-8:30 pm
3 classes • Starts Nov. 10
\$75 class fee Online

Introduction to Italian

Mary Saraceno

Continue to learn Italian. Oral drills will encourage the beginner to develop speaking and listening skills. Learn practical vocabulary and expressions, and understand real travel situations and cultural differences. Good choice for business, travel or personal growth. Textbook used is *Italian Made Simple*. If you do not have the textbook, you can order it on amazon.com

PART 1:
LAN 105-1 Thurs. 6:00-8:00 pm
6 classes • Starts Sept. 24
\$125 class fee Room 211

CONTINUATION OF PART 1:
LAN 105-2 Thurs. 6:00-8:00 pm
6 classes • Starts Nov. 5
\$125 class fee Room 211

Intermediate Italian

Mary Saraceno

Learn to speak Italian. Oral drills will encourage the beginner to develop speaking and listening skills. Learn practical vocabulary and expressions, and understand real travel situations and cultural differences. Good choice for business, travel or personal growth. Textbook used is *Italian Made Simple*, you can order on Amazon.com.

PART 1:
LAN 106-1 Mon. 6:00-8:00 pm
6 classes • Starts Sept. 21
\$125 class fee Room 003

CONTINUATION OF PART 1:
LAN 106-2 Mon. 6:00-8:00 pm
6 classes • Starts Nov. 9
\$125 class fee Room 003

Introduction to Spanish

Mary Saraceno

Have fun as we explore the language, culture, music and food of Spain and Latin America! Emphasis is placed on developing oral and travel vocabulary and expressions. Textbook used is *Spanish Made Simple*, you can order on Amazon.com.

PART 1:
LAN 108-1 Tues. 6:00-8:00 pm
6 classes • Starts Sept. 22
\$125 class fee Room 211

CONTINUATION OF PART 1:
LAN 108-2 Tues. 6:00-8:00 pm
6 classes • Starts Nov. 3
\$125 class fee Room 211

You're off to great places!
Today is your day!
Your mountain is waiting,
so... get on your way! — Dr. Seuss

**EARN YOUR HIGH
SCHOOL DIPLOMA!**
860-343-6044





Guitar Classes

Frank Natter

CLASS WILL BE HELD IN PERSON, LIMITED TO 10 STUDENTS. STUDENTS MUST BE 13 YEARS AND OLDER TO PARTICIPATE.

For all of the guitar classes students must provide their own guitar and music stand. Suggested materials: an electronic tuner, & the Total Acoustic Guitarist by Frank Natter, Jr. ISBN -10:7390-3851-6. You can purchase the book from the instructor night of class, on Amazon, or The Middlesex Music Academy on 440 Main Street, Middletown, CT has the textbook

Beginning Guitar

Covers essential chords, important strumming patterns, and progressions of chords found in many well-known songs. You will learn how to decipher chord diagrams, guitar tablature and other systems used to notate guitar music. Beginning with short examples, you'll build skills that will later allow you to play entire songs and you will have the opportunity to practice these skills in context with classmates.

MUS 102 Mon. 7:30-9:30 pm
6 classes • Starts Sept. 21
\$130 class fee Room 208

Continuation of Beginning Guitar

This session applies the knowledge learned in Part 1 to well-known songs. These are demonstrated and examined section by section. By the end of the session, you will know several important songs and be able to play them in context with the class.

MUS 102-1 Mon. 7:30-9:30 pm
6 classes • Starts Nov. 9
\$130 class fee Room 208

Advanced Guitar

Advanced Guitar starts to examine riffs and tricks-of-the-trade that add interest and define the styles and songs of the guitar repertoire. Fingerstyle and pick playing techniques will also be examined more closely. You will get to take a look at elements that make music work such as scales and harmony. You will also begin to develop skills for soloing and have the opportunity to improvise in context with other classmates.

MUS 101 Mon. 5:30-7:30 pm
6 classes • Starts Sept. 21
\$130 class fee Room 208

Continuation of Advanced Guitar

This session picks up from where previous advance class leaves off and focuses on songs and styles that are of common interest to the class. Students will continue to play together and get the opportunity to take on different roles: rhythm, lead, and a hybrid of both.

MUS 101-1 Mon. 5:30-7:30 pm
6 classes • Starts Nov. 9
\$130 class fee Room 208



Public Interest

NEW

Dinosaurs of Connecticut

John Meszaros

The Connecticut Valley was one of the first places where evidence of prehistoric life was discovered in America. Today the area is famous for its fossilized trackways from dinosaurs and other creatures. In this class you will learn about the history of paleontology research in this region, and about the prehistoric creatures that inhabited this land in the early Mesozoic period.

PUB 101

Tues. 6:00-7:30 pm

1 class • Nov. 10

Room 207

\$40 class fee

NEW

Christmas Traditions of the World

John Meszaros

In this class, you will learn about the ways that different cultures celebrate Christmas and other winter holidays like Epiphany and St. Lucy's Day. Learn about yuletide traditions and gift-givers like St. Nicholas, Krampus, Joulupukki, la Befana, house gnomes, and more.

PUB 102

Tues. 6:00-7:30 pm

1 class • Dec. 8

Room 207

\$40 class fee



Retirement Readiness Review

Ryan Morrissey

In this course you'll learn how to: determine the amount of money you need to retire, determine when you can retire, understand how to make the most of your company retirement plan, and set up your estate so your final wishes are carried out. However, money is only one aspect of retirement planning. This course blends financial education with life planning to help you determine what values are important to you and align your money with your values and goals. Provide your email to receive the slide presentation

SESSION 1:

MON 103

Tues. 6:15-9:15 pm

2 classes • 10/6 & 10/13

\$68 class fee

Room 104

SESSION 2:

MON 104

Wed. 6:15-9:15 pm

2 classes • Meets 10/14 & 10/21

\$68 class fee

Room 104



Recreation

American Mah-jongg

Ruth Sigal

Have you seen Mahjongg being played or just even heard about it and think it would be a fun game to learn? Then come join and learn how to play this relaxing and enjoyable game over the course of 6 weeks (commitment to these 6 weeks is very important). Even if you just want to brush up on what you know about Mahjongg, this is the place for you to do that! You will need to purchase a card from the instructor at the first night of class, (\$14 - \$15) to be used through the 6 weeks.

REC 100

Tues. 6:00-8:00 pm
6 classes • Starts Oct. 13
Room 119

\$90 class fee

NEW

Bridge for Beginners

Stan Kerry

Come join and learn the basics to play bridge. This class is designed for the new players. The goal is to give you a fast, fun introduction and overview of today's bridge concepts. *Materials fee of \$25 for the textbook, payable to instructor first night of class.*

REC 300

Mon. 5:30-7:30 pm
4 classes • Starts Oct. 19
Room 114

\$70 class fee

NEW

Bridge for the Advanced Beginner

Stan Kerry

Prerequisite: Bridge for Beginners

Class limited to 8 students

You will learn the modern bidding techniques of Weak Twos, Two Diamonds, Two Hearts, Two Spades and the Pre-emp three bids of Three Clubs, Three Diamonds, Three Hearts, Three Spades. *Materials fee: \$25 for book on bridge, payable to instructor at first class.*

REC 301

Mon. 5:30-7:30 pm
4 classes • Starts Nov. 16
Room 114

\$70 class fee



**Finish Your High
School Diploma or
Earn Your GED Today!**

Call 860-343-6044



Recreation

Golf

This program is designed for the new golfer or for golfers who have never played or have not played in a number of years. In five one-hour 15-minute sessions, our coaches will cover everything you need to know to play your first round of golf. Classes will cover the basics of the golf swing, putting, short game techniques, rules and etiquette. Our coaches will discuss what you will need for golf, therefore it is recommended that you do not go out and buy clubs until you have started this class. You will be given a static club fitting which will allow the coach to make a recommendation as to which clubs to buy. Lessons will conclude with an on-course session to introduce the various areas of the golf course to complete this introductory class.

Classes will be held at the Golf Center at Lyman Orchards, 700 Main Street Middlefield, CT 06455
For directions please call (860) 398-6480.

Men's 101 Golf Classes

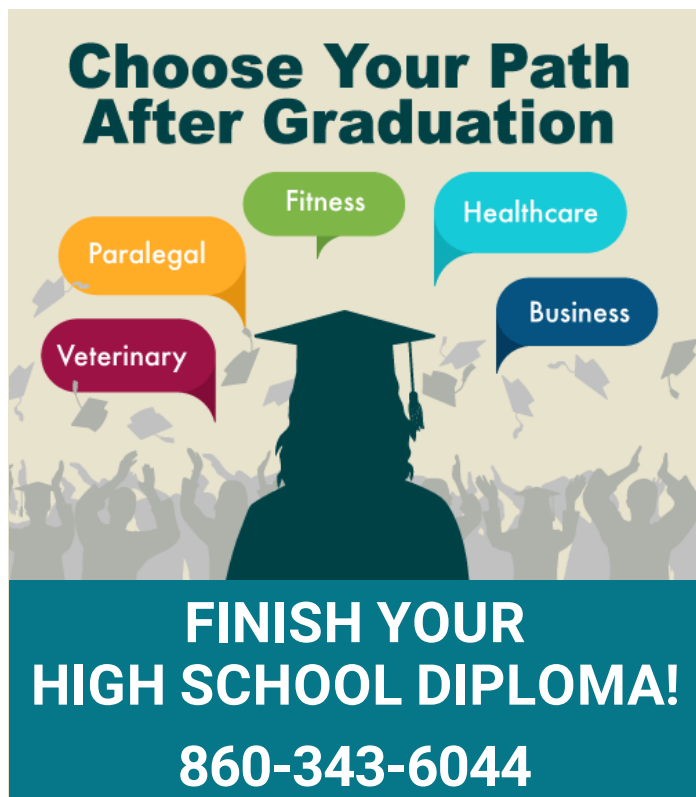
REC 201	Wed. 12:00-1:15 pm 5 classes • Starts Sept. 9
REC 202	Fri. 10:00 -11:15 am 5 classes • Starts Sept. 11
REC 203	Mon. 10:00-11:15 am 5 classes • Starts Sept. 14

Golf Center at Lyman Orchards
\$159 class fee

Women's 101 Golf Classes

REC 101	Wed. 5:15-6:30 pm 5 classes • Starts Sept. 9
REC 102	Thurs. 5:15-6:30 pm 5 classes • Starts Sept. 10
REC 103	Fri. 11:30-12:45 pm 5 classes • Starts Sept. 11
REC 104	Fri. 5:15-6:30 pm 5 classes • Starts Sept. 11
REC 105	Mon. 11:30-12:45 pm 5 classes • Starts Sept. 14
REC 106	Mon. 5:15-6:30 pm 5 classes • Starts Sept. 14

Golf Center at Lyman Orchards
\$159 class fee



**Choose Your Path
After Graduation**

Paralegal
Fitness
Healthcare
Veterinary
Business

**FINISH YOUR
HIGH SCHOOL DIPLOMA!**

860-343-6044



Bus Trips



Stocking Stuffer Holiday Daytrip

Saturday, December 5, 2026

You will start your journey receiving a Christmas stocking from Friendship Tours. Most stops on this holiday daytrip will provide a gift for you to help fill your stocking. You will begin the day at the Williamsburg Country Store in Williamsburg, MA. This shop is filled with a little bit of everything: penny candy, jewelry, fresh baked goods, toys, and so much more. *(Receive a gift here)* Next stop is at Whately Inn for a beautiful buffet lunch. Menu includes: Hot rolls, fresh garden salad, baked Vermont Ham, baked stuffed scrod with crumb topping, carved roast turkey with gravy, vegetable, potato, dessert and coffee. Then on to Yankee Candle in South Deerfield, MA filled with over 200 new and classic fragrances and candle accessories. Visit the glorious Bavarian Christmas Village, and shop for holiday gifts and home decor. *(Receive a gift here)* Last stop is Randall's Farm in Ludlow, MA. A great place for fresh produce, specialty foods and holiday plants. Take home one of their specialty fruit pies, they are delicious. *(Receive a gift here)*

BUS 105

Departs: 8:30 am
Farm Hill School,
390 Ridge Road Middletown, CT
Estimated return: 4:30 pm

Trip Fee: \$178 pp

**TRIP FEE INCLUDES DELUXE MOTORCOACH
TRANSPORTATION, WITH A BATHROOM, TOUR GUIDE,
AND LUNCH AND DRIVER GRATUITY**



Presented by Friendship Tours. They are taking careful measures so you can travel with peace of mind. Please provide your email as a reminder and detailed itinerary will be sent the week before the trip. **Bus trips are non-refundable, no exceptions!** So be sure to check your dates before registering.



Bus Trips



The Turkey Train Winnepesaukee Railroad

Saturday, October 3, 2026

Enjoy a nostalgic train ride along the shores of Lake Winnepesaukee in New Hampshire. Relax on board the train as we watch the boats on the lake and enjoy the scenery as we travel round trip from Meredith, NH. We will make a quick stop at the NH Liquor Store prior to boarding the train. Hart's Turkey Farm will be providing their famous home style turkey dinner on board the train. Menu includes: Turkey, potato, gravy, stuffing, cranberry sauce, rolls vegetable, dessert and beverage. Following our train ride, you will visit The Mills Fall Marketplace for time to enjoy browsing the unique shops.

BUS 104

Departs: 8:30 am
Farm Hill School,
390 Ridge Rd. Middletown, CT
Estimated Return: 9:00 pm

Trip Fee: \$192 pp

TRIP FEE INCLUDES MOTOR COACH WITH A BATHROOM, 2-HOUR TRAIN RIDE ON THE WINNIPESAUKEE SCENIC RAILROAD FROM MEREDITH, NH, A TURKEY DINNER SERVED ON BOARD AND CATERED BY HART'S TURKEY FARM, GRATUITIES AND TOUR DIRECTOR.



Presented by Friendship Tours. They are taking careful measures so you can travel with peace of mind. Please provide your email as a reminder and detailed itinerary will be sent the week before the trip. **Bus trips are non-refundable, no exceptions!** So be sure to check your dates before registering.



Even Start Family Learning Program

The Middletown Even Start program is an NAEYC accredited program. It recognizes that the parent is the child's first and most important teacher. We support this by bringing parents in need of adult education and their children (ages 12 weeks -5 years) together in a dual generational learning program. Parents and their children can share the excitement and joy of learning together! The Even Start program provides early childhood education, (ages 12 weeks -3 years), adult education, parent support classes, and a monthly home visit. In addition, our families have the opportunity to work with our Career Developer for placement in job certificate programs, and apprentice training programs. The program supports the parent-child relationship and enhances parenting skills through parenting classes and daily parent and child activities.

Family Learning Combines:

- « Adult Education (Adult High School, GED, ABE, ELL)
- « Early Childhood Education, NAEYC
- « Parent and Child Together Activity
- « Parent Support Class
- « Collaboration with Community Services (Including Middletown Family Resource Center, ACES of Middlesex County, Diaper Bank of CT)

**Middletown Adult Education
Family Learning Program,
398 Main Street, Middletown**

**For Even Start Family
Learning Information,
Call (860) 343-6044**



High School Completion

**WE HAVE TWO WAYS!
CHOOSE THE PROGRAM
THAT'S BEST FOR YOU.**

AHS-CDP: (Adult High School Credit Diploma Program)

Complete a minimum of 25 credits and earn a Middletown Board of Education Adult High School Diploma!

- Transfer previously earned credits
- Attend credit classes
- Complete online classes
- Day and evening classes

GED®: (General Educational Development) Diploma Program

Complete a series of national standardized tests and earn a State of Connecticut High School Diploma!

- Registration available at Middletown Adult Education
- Free practice tests
- Free preparation classes



We Offer:

- FREE Academic Counseling
- FREE Career Counseling
- FREE Vocational Counseling
- Confidential Services
- Online classes are available

Counseling Services

Do you need some assistance in deciding which program is right for you? Come in and talk to us!

Academic Programs are Free of Charge to Residents of the Following Towns:

Middletown	Cromwell
Durham	Middlefield/Rockfall
Deep River	Chester
Essex	Centerbrook
Ivoryton	East Haddam/Moodus
East Hampton	Haddam/Higginum
Killingworth	Madison
Old Saybrook	Portland
Rocky Hill	Westbrook

**Call (860) 343-6044
to register for all
academic programs.**



Credit Diploma Program

The Adult High School offers Specialized Services:

- Internet resources
- Individualized and group instruction
- Need-based educational planning
- Student-centered curricula
- Addresses individual learning needs
- Teacher support through mentoring

Adult High School Credit Diploma Program (AHS-CDP)

FOR ADULTS 17 AND OVER

(WITHDRAWN FROM DAY SCHOOL)

- AHS Classes: English, Math, Science, Social Studies, Electives
- Online Classes
- Credits for Prior Learning
- Credits for Work Experience or Training
- Credits for Military Experience
- Credits for Community Service
- Family Learning Activities
- Counselors, Peer Support

Daytime: Monday through Friday

Evening: Monday and Wednesday

398 Main Street, Middletown

**AHS-CDP Classes also available at:
210 Main Street, Old Saybrook**

**For more information
about these sites,
call (860) 343-6048**



GED® Preparation Program

GED® (General Educational Development) State Of Connecticut High School Diploma

This program prepares adult learners to pass the 4-part, computer-based GED exam to earn a State of Connecticut High School diploma. We provide instruction in each of the four subject areas: Science, Social Studies, Math and Reading/Language Arts as well as basic computer skills. Instructors will also review the official website, ged.com where students can access related exam information, resources and exam registration procedures. We offer instruction in English at all sites and in Old Saybrook, we also offer instruction in Spanish.

To register for the GED exam, you must be at least 17 years old and officially withdrawn from school for 6 months. All 17 and 18-year olds must submit a withdrawal form with a parent or guardian signature. To begin the GED registration process, you register on-line at GED.com and complete the process in person at our Main Street site in Middletown.

To register for our free classes and complete your State of Connecticut High School diploma, please call (860) 343-6044 to begin registration.

GED® Testing in Middletown and Old Saybrook.



CLASS LOCATIONS & TIMES Old Saybrook, 210 Main St

Call 860-388-1281

Monday through Fridays

Days & Evenings by appointment

Middletown, 398 Main St

Call 860-343-6044

Monday through Friday Days

Monday & Wednesday Evenings

EXAM REGISTRATION FEE:

For applicants over the age of 21: \$13.00 (*non-refundable*).

For veterans and applicants under the age of 21: no fee.

Students who would like a copy of their transcript will find request forms online at <http://portal.ct.gov/sde>

**Important:
Pre-registration for
classes is required!**

¡Prepare para el GED en español!

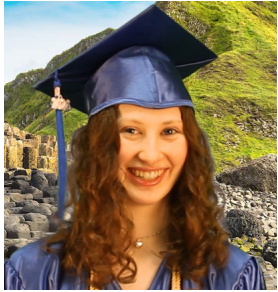
Una clase se ofrece en Old Saybrook. Llame a 860-388-1281 para más información. Estamos abierto entre las ocho y mediodía de lunes a Viernes. El examen también se ofrece en español.



Student Success Stories

GRADUATES FROM THE CLASS OF 2026

Credit Diploma Program Speaker



Meghan Freeman is a Credit Diploma Graduate whose presence lights up every classroom she enters. Known for her strong work ethic, positive attitude, and natural likeability, Meghan consistently leaves a lasting impression

on every teacher she meets. She approaches every opportunity with genuine enthusiasm and commitment to doing her best. Meghan is currently enrolled in CT State College.

GED Class Speaker



Alyssa Storey, this year's GED class speaker, stands before us as a model of determination and perseverance. Alyssa has overcome challenges in life while staying focused on her goal of earning her

diploma through the GED program. All the way, she has managed the responsibilities of raising a child and working. Though it was difficult, Alyssa never faltered in her effort and achieved what some thought impossible. Her story is a reminder that hard work paves the way to success.

English Language Learner Student Speaker



Hajar Kilani, this year's English Language Learner student speaker, is a graduate of Middletown Adult Education's Advanced English Program. Originally from Morocco, she holds a master's degree in Marketing and Tourism

Management and is fluent in Arabic, French, and English. After completing the program, Hajar joined Middletown Adult Education as a substitute English Language Learning instructor, bringing her knowledge, experience, and passion for helping others to the classroom. Her journey is a powerful example of how adult education helps learners build skills, confidence, and new opportunities.



**Ready to Earn Your
GED or
High School Diploma?**

We can help!

**Call 860-343-6044
for more information.**



English Language Learners (ELL)



CLASS LOCATIONS & TIMES Middletown, 398 Main St

Mon. through Fri. Mornings • 9–11:30 am
Mon. through Fri. Afternoons • 12:30–3 pm
Mon. & Wed. Evenings • 6–8:30 pm

Old Saybrook, 210 Main St

Mon. and Wed. • 9:00–11:30 am
Mon. & Wed. Evenings • 6–8:30 pm

Rocky Hill, Griswold Middle School

Tues. & Thurs. Evenings • 6–8:30 pm

Citizenship

Join Our Citizenship Preparation Classes

- Prepare for the U.S. Citizenship and Immigration Services (USCIS) exam
- Practice for the Naturalization interview
- Learn about U.S. History, government, civics and geography
- Study difficult vocabulary that the USCIS officer may ask you to explain
- Classes start October 19

For registration or
more information
call (860) 343-6044

FALL 2026 START DATES Middletown, 398 Main St.

Morning & afternoon classes start August 27
Night classes start September 9

Citizenship 1 (12 weeks) • Starts Sept. 28- Dec. 21

Citizenship 2 (12 weeks) • Starts Jan. 12- May 11

Old Saybrook, 210 Main St.

Morning & evening classes Start August 27

Rocky Hill, Griswold Middle School, 144 Bailey Rd.

Classes Start September 8

educate&
elevate
ADULT EDUCATION



Basic Skills Program

Have you been out of school for a while? Would you like to improve your reading, writing or math skills? Are you trying to get a new job or promotion? Maybe you have some personal goals that require better reading, writing or math. The Middletown Adult Education ABE Program might be for you!

What We Offer

- Free assessment to help determine your needs
- Free classes
- Convenient day and evening classes
- Online classes are available

Who Is Eligible

- Individuals 17 years of age or older
- Individuals no longer enrolled in school
- Individuals lacking a high school diploma
- Residents of towns listed on page 3



CLASS LOCATIONS & TIMES

Middletown, 398 Main St

Monday - Friday Days

Monday & Wednesday Evenings

BETTER JOB OPPORTUNITIES

A high school diploma can help you qualify for more jobs, increase your earning potential, and open doors to new career paths.

MORE THAN A DIPLOMA

Earning your diploma isn't just about school. It's about proving to yourself that you can reach your goals and creating a brighter future.

Call **860-343-6044** for more information.





Middletown Adult Education

(860) 343-6044 • WWW.MAECT.COM