



SOAR INTO SPRING

SPRING
2024

MIDDLETOWN
ADULT
EDUCATION



ARTS & CRAFTS



THE ART OF QUILLING



CALLIGRAPHY



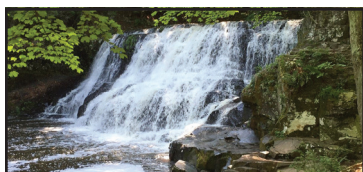
JEWELRY CLASSES



FLORAL DESIGN CLASSES



KNITTING CLASS



PHOTOGRAPHY CLASS
Field trip to Wadsworth Falls

DON'T MISS THESE CLASSES!

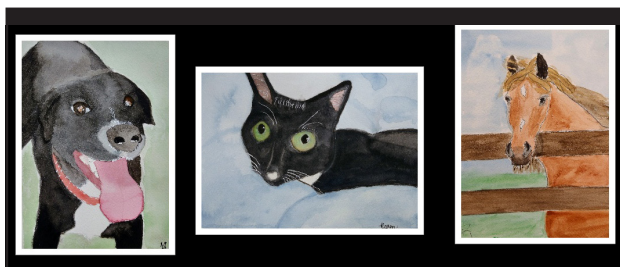
ASTRONOMY



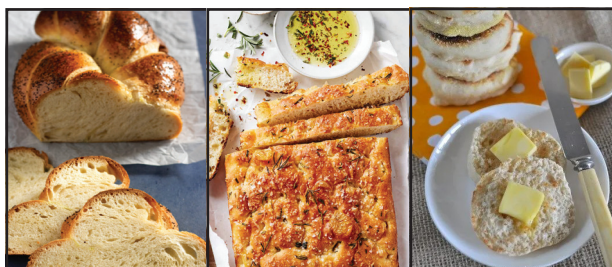
SWEET & SAVORY CREPES



PAINT YOUR PET



SOURDOUGH CLASSES



CHALLAH

FOCCACIA

ENGLISH MUFFINS

LEARN2EARN

CONNECTICUT ADULT EDUCATION: The Pathway to Lifelong Learning
Like Us: www.Facebook.com/learn2earnCT

MISSION STATEMENT

Middletown Adult Education is dedicated to the service and growth of each student and committed to the belief that all students may achieve success.

A Regional Adult Education Program Administered by the Middletown

Board of Education in Cooperation with area Boards of Education serving Middletown, Cromwell, East Haddam/Moodus, East Hampton, Madison, Old Saybrook, Portland, Rocky Hill, Regional District #4 (Chester, Deep River, Essex Centerbrook, Ivoryton), Regional District #13 (Durham, Middlefield, Rockfall), Regional District #17 (Haddam, Higganum, Killingworth), and Westbrook. Providing academic programs; early childhood classes; family education; workplace education; enrichment classes; assessment services; and counseling.

VISIT OUR WEBSITE: WWW.MAECT.ORG

- View and download current catalog
- Register for classes
- Get directions to our locations

Please Note: We do not mail confirmations. However, if you provide your email address we will email your confirmation.

CONTENTS

School Information

General Information & Policies.....	4-5
Directions	7

Registration Page.....	6
------------------------	---

Academic Courses

Basic Skills Program.....	20
Even Start Family Learning Program.....	21
High School Completion	22
Credit Diploma Program.....	23
GED® Diploma Program	24-25
Citizenship Programs	26
ESL.....	26

Middletown Enrichment Courses

Arts.....	8-9
Crafts.....	9-12
Jewelry.....	12
Certificate Program.....	12
Cooking.....	12-13; 16
Dance	16
Languages.....	16-17
Money Matters.....	17
Music.....	18
Wellness	18
Public Interest	19
Recreation	19-20

Bus Trips.....	14-15
----------------	-------



BE THE
NEXT GED
SUCCESS
STORY

860-343-6044

GENERAL INFORMATION

Program Accessibility

All activities offered by Middletown Adult Education are held in accessible locations. Accommodations for individuals with a documented disability are available upon request. Please contact Joe Lawlor, Middletown Adult Education (860) 343-6044 for further assistance.

Sexual Harassment Policy

The Middletown Board of Education has developed a policy regarding sexual harassment. For more information, call Associate Superintendent Dr. Jada Waters at (860) 638-1469.

Statement of Non-Discrimination

The Middletown Board of Education is an affirmative action/equal opportunity employer, and it does not discriminate on the basis of race, color, religious creed, age, marital status, civil union, military or veteran status, national origin, ancestry, sex, gender identity or expression, sexual orientation, or past or present physical or mental disability in any of its education programs, activities, or employments policies. All educational programs and offerings, including vocational education and extracurricular activities, subscribe to this policy. Dr. Jada Waters, Director of District Operations, has been designated to handle inquiries regarding the district non-discrimination policies and may be reached at 311 Hunting Hill Avenue, Middletown, CT 06457; Phone (860) 638-1469.

Mandated Programs

Include: High School Completion Program, ABE, ESL and Citizenship.

Note: For mandated programs only, there is no fee for registration, books or materials to any adult enrolled in the ABE, ESL, High School Completion and Citizenship Programs.

Student Regulations

- Smoking is not permitted in any public school buildings in Middletown.
- Refreshments are not permitted in the classrooms, hallways or lavatories.
- Parking for 398 Main Street is available directly behind the building (Mellili Plaza).

Endorsement of Teachers

The employment of instructors by Middletown Adult Education does not constitute endorsements of goods or services provided by instructors in their private jobs or business. Please contact the Adult Education office (860) 343-6044 if you have any questions regarding this matter.

“The journey of a thousand miles begins with a single step.”

LAO TZU

FINISH YOUR HIGH SCHOOL DIPLOMA! • 860-343-6044

Disclaimer

Middletown Adult Education is not responsible for typographical errors. Every effort is made to provide clear and accurate information and to adhere to the original information presented herein. However, when changes are necessary, we reserve the right to make those changes as needed.

Certificate of Attendance

A Certificate of Attendance is available from the Adult Education office when requested through the instructor. For further information, call the Adult Education office at (860) 343-6044.

GED® Test Accommodations

Accommodations for the GED® test are available for qualified individuals with a disability. For more information contact Sharon Muldowney, 860-343-5597 or you may contact Sabrina Mancini at the Connecticut State Department of Education at 860-807-2111.

Directions

Call (860) 343-6044 for directions or check the website www.maect.org.

Confirmations & Receipts

We do not automatically mail confirmations. Your receipt is your canceled check or credit card charge. Unless notified, classes will run as scheduled. If you would like a confirmation, please send a self-addressed, stamped envelope. If you register online, confirmations can be printed from our web page and saved as a receipt.

Class Cancellation (due to weather)

Middletown: Whenever the Middletown Public Schools are closed due to bad weather, Adult Education classes do not meet. Listen to radio stations WTIC AM 1080, WMRD AM 1050, Channel 8 (WTNH), or Channel 30 (WVIT). Should snow or inclement weather develop during the day, class cancellations are announced by late afternoon. Canceled classes will be made up by adding an additional session.

Cancellations will be listed on our website: www.maect.org.

“It’s supposed to be hard. If it wasn’t hard, everyone would do it.
The hard is what makes it great.”

JIMMY DUGAN, “A LEAGUE OF THEIR OWN”

EARN YOUR GED • CALL TODAY: 860-343-6044

ADULT EDUCATION STUDENTS AND RECENT GRADUATES

Make an appointment with MAE’s Career Navigator,
Madelyn Cruz, at Macruz@maect.org for a variety of Career Services.

REGISTRATION

LAST NAME	FIRST NAME
ADDRESS	
CITY, STATE, ZIP	
HOME PHONE	WORK PHONE
EMAIL	

Course Number	Course Title	Date	Time	Fee
Processing Fee				\$4.00
Total				

Please list all names of individuals included on this registration.
Email confirmations will be provided with an email address.
Registration is ongoing.



Refund Policy: NO REFUNDS.
Exception: If we cancel a class,
a full refund will be issued.

Phone: (860) 343-6044
or (860) 343-5012
Online: www.maect.org
Mail or Stop By:
Middletown Adult Education
398 Main St.,
Middletown, CT 06457
Mon.–Fri. 9 am – 3 pm

Make Check payable to MAE

<input type="checkbox"/> Cash	<input type="checkbox"/> Check	<input type="checkbox"/> Visa	<input type="checkbox"/> MasterCard
CARD NO.			
EXP. DATE		VERIFICATION CODE	
SIGNATURE			

DIRECTIONS

Bus Trip Parking Locations

Farm Hill School, 390 Ridge Road, Middletown

From Rt. 9 North or South, take Exit 11. Go left at the end of the exit. Go through a blinking light, then at the 2nd stop light take a right onto Ridge Rd. Continue until stop sign. Farm Hill School is on the right. Park in the rear of the building.

Middletown Adult Education Center (MAE) 398 Main Street, Middletown

The MAE Center is in the heart of downtown Middletown, near shopping and restaurants. The entrance is adjacent to the rear entrance for the Main Street Market and Malloves Jewelers. Parking is in the Mellili Plaza parking lot on Washington Street, between Main Street and Rt. 9. From Main Street, turn onto Rt. 66 heading towards Rt. 9. Take your 1st right and the parking lot is on the left. From Rt. 9, take exit 23C and cross the RR tracks. After one-half block, take a left, and the entrance to MAE is straight ahead.

Old Saybrook Facility Middletown Adult Education Center (MAE) 210 Main Street, Old Saybrook

REFUND POLICY

The **ONLY FULL REFUNDS** permitted are those dictated by the **COMPLETE** cancellation of the class due to low enrollment. No other refunds will be honored.
Please allow at least one month for processing.

Visit: www.maect.org

MIDDLETOWN

Superintendent

Alberto Vazquez Matos
Ed. D., Ph.D

BOARD OF EDUCATION

Sheila Daniels, *Chair*
Rakim Grant, *Vice Chair*
Susan Owens
Debra Gus, *Secretary*
Deborah Kleckowski
Harold Panciera
Charles Wiltsie

STAFF

Director
James G. Misenti
School Secretary
Christina Carta
Lauren Dunn
Site-Supervisor
David Regan
Counselors
Michelle DiMauro
Denise Grodzicki
Susan E. Langhans
Stacey Mahoney, *Lead Counselor*
Social Worker
Christine Valdez
Lead Teachers
Sharon D. Muldowney
Joseph P. Lawler
Enrichment Program Facilitator
Melanie W. Foley
Career Developer
Madelyn Cruz



Finish your High School Diploma!

www.maect.org or
call 860-343-6044

ARTS

NEW

The Art of Paper Quilling

MARCY KAPLAN

The Art of Paper Quilling dates back to ancient Egyptian times, and found its way to America by way of the Pilgrims. Join Serial Quiller Creations to learn how to create your own beautifully paper quilled piece of art. Class fee includes all paper supplies, classroom use of quilling tools and a 5x7 shadow box frame for the artwork.



SPRING FLORAL BOUQUET

THURS. 6:00-8:30 PM

1 CLASS

ROOM 207

MARCH 7

ARS 101

CLASS FEE \$56



BUTTERFLY

THURS. 6:00-8:30 PM

1 CLASS

ROOM 207

APRIL 4

ARS 102

CLASS FEE \$56



OCEANSCAPE

THURS. 6:00-8:30 PM

1 CLASS

ROOM 207

JUNE 6

ARS 103

CLASS FEE \$56



Paint your Pet Watercolor Class

NANCY ROMAN, a Connecticut portrait artist who has conducted watercolor workshops throughout the region for several years.

Come and create a portrait of your family pet, in 2 hours, no experience necessary. Please bring a "5 x 7" photo of your pet, a color copy is just fine. Because of the technique we will use to draw the pet, your photo needs to be 5x7. If you have a picture but don't have that size, Nancy can help you if you let her know in advance. A close-up of your pet's face is best, but you can also use a full-length picture. Either will work. If you'd like to attend, but don't have a pet or picture, that's okay. Nancy will have several photos to choose from that you can paint. All materials will be provided, paint, paper, brushes, etc.

TUES. 6:30-8:30 PM

1 CLASS

ROOM 207

MAY 14

ARS 100

\$46 CLASS FEE

Introduction to Acrylic Pouring

NINA MURPHY

Learn some techniques and receive instructions to discover your inner artist with exciting medium. Using everyday items, you'll create your own wonderful, abstract artwork you'll be proud to frame. You'll begin exploring with materials/products and pouring techniques. Paint delivery systems, color choice & style, canvas size & shape, & framing/finishing. In this 4-week course, you'll receive a kit including gloves, aprons, cups, mixing sticks, canvases, paints and required additives as well as items for delivering paint to the canvas to finish several beautiful pieces. Everything is provided, bring only your desire to learn something new and get creative. Cash materials fee of \$50. due to instructor at the first class. Class is limited to 8 students

MON. 6:00-7:30 PM

4 CLASSES

ROOM 207

STARTS APRIL 16

ARS 107

\$54 CLASS FEE

NEW

Dabble more with Acrylic Pouring

NINA MURPHY

Did you love the Intro class and want more? Whether you want more time to perfect the techniques you just learned, rework a finished piece or learn more advanced techniques, join Nina and dabble some more with acrylic pouring. Materials fee of \$20 payable to instructor night of class and you will receive additional materials/kits to make more beautiful art. Remember to bring back both of your work/carry trays and racks. Pre-requisite: You should have previously completed the Intro. Pouring class.

TUES. 6:00-7:30 PM STARTS MAY 21
2 CLASSES ROOM 207 ARS 108
\$29 CLASS FEE



NEW

Calligraphy: The Art of Beautiful Writing

JEAN LITTLE

Treasure the moments with memories saved in beautiful hand scribed calligraphy. Add elegance using calligraphy on envelopes, invitations, quotes, favorite family recipes and gifts for any special occasion. This is a great way to make a first impression. If you have enjoyed looking at Calligraphy, but have never tried it you are in for a pleasant surprise. You will have a small but completed project in just 6 weeks. Materials fee of \$12 paid in cash to instructor first night of class which includes assorted parchment papers, stock cards and grid sheets. Calligraphy supply list will be given prior to class.

TUES. 6:00-8:00 PM STARTS MARCH 19
4 CLASSES ROOM 113 ARS 110
\$90 CLASS FEE

“Ambition is the path to success.
Persistence is the vehicle you
arrive in.”

BILL BRADLEY

**FINISH YOUR HIGH
SCHOOL DIPLOMA!
860-343-6044**

NEW

Digital Photography for Newbies

STEVE MCGRATH

Are you still getting to know your digital camera and its features? Here's an opportunity to learn from an expert in this seminar for beginners. Have your camera ready and learn when and how to use its special features; such as program mode, manual mode, aperture priority and shutter priority. Also, covered will be basic composition and best use of light for different situations, such as plant, people, macro, and landscape photography. This is a 5-week series covering multiple subjects with assignments and sharing of all students work. Three classes will be online through zoom, (you'll need to provide your email in order to receive the link), and there will be 2 in person meetups to practice our online subjects. This class is appropriate for either Digital SLR or Point and Shoot cameras. Directions and more information on where to gather will be shared prior to the meetup.

Here is the class schedule, so please check your calendar before registering:

- Thursday, March 7 Online Class 7-8:30 pm
- Saturday, March 16 at the Wadsworth Falls from 10-11:30 am
- Thursday, March 21 Online Class 7-8:30 pm
- Thursday, April 4 Online Class 7-8:30 pm
- Saturday, April 6 at the Dividend Pond from 10-11:30 am

THURS. 7:00-8:30 PM STARTS MARCH 7
5 CLASSES ARS 104
ONLINE & MEET-UPS
\$80 CLASS FEE



NEW

Knitting 101

CAIRO ROMAGUERA

Have you always wanted to know the trick to making your own warm and cozy items at home? Learning to knit is the answer. In this beginner-friendly class, you will learn how to cast on, work the knit stitch, the Purl stitch, and how to bind off stitches to make your own personalized pieces. Join us as we all start a fingerless mitts project that you'll have the skills to begin and finish by the end of the course. A materials fee of \$20 is required at the first class.

THURS. 6:00-8:00 PM STARTS MARCH 7
4 CLASSES ROOM 119 CRA 111
\$70 CLASS FEE

NEW

Knitting 102

CAIRO ROMAGUERA

Have you learned the basics of knitting, and now want to know what else you can do with it? Join us and continue knitting, as you learn how to knit in the round. With the help of the instructor he will guide you through one of three projects to choose from: a hat, mittens, or socks. You must know how to cast on, the Knit stitch and the Purl stitch before this class begins. Materials fee of \$20 is payable to the instructor at the first class.

THURS. 6:00-8:00 PM STARTS APRIL 18
4 CLASSES ROOM 119 CRA 112
\$70 CLASS FEE

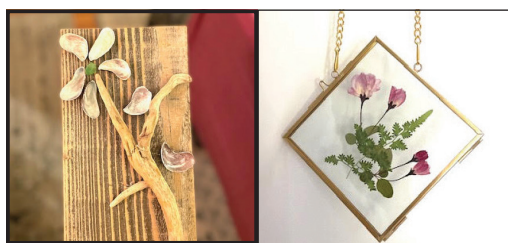
NEW

Hanging Floral Décor Sign

VICTORIA WOOLARD

In this class we will craft a unique decorative wood panel that hangs using real sea glass, shells and driftwood from CT, RI, ME and MD. No experience needed. Materials are included in the class fee. Just come and have fun!

WED. 6:30-7:30 PM MARCH 13
1 CLASS ROOM 119 ARS 105
\$60 CLASS FEE

**NEW**

Flower Pressed Hanging Circle

VICTORIA WOOLARD

Use real pressed flowers to craft a beautiful creation for a little niche in your house. Makes a great gift for you or someone else. There will be a variety of frame options and flower selections too. No experience needed. Materials are included in the class fee. Just come and have fun!

TUES. 6:30-7:30 PM APRIL 2
1 CLASS ROOM 119 ARS 104
\$60 CLASS FEE

Introduction to Basketry

NANCY KALOS, Wesleyan Potters

Introduction to Basketry, perfect for new basket weavers. This class will meet once a week for three weeks. Begin exploring the world of basketry by weaving a rattan basket that measures 7 1/2" long, 5" wide, 6" high. You will practice several weaving techniques including upsetting, twining, shaping, and finishing. **You will have the option to add a handle provided by the instructor.** A material fee of \$15 is payable to the instructor on the first day of class. Tools for making the basket will be provided by the instructor for use during the class.

TUES. 6:00-8:30 PM STARTS APRIL 16
3 CLASSES ROOM 119 CRA 109
\$70 CLASS FEE

NEW

Twill Cathead Basket

Please note: This basket class is for those students who completed a beginner-level basket class.

This class will meet once a week for three weeks. This rattan twill-woven basket measures 10" across the top, 6" square on the bottom, and 6" high. In this class you will practice weaving a "cathead" shaped bottom while using a 3/3 continuous twill pattern up the sides of the basket. You will be able to choose which "twill" will be on the outside of your basket. The two 'versions' of the twill can be seen in the photo. Materials fee of \$25 payable to instructor at the first night of class. Tools for making the basket will be provided by the instructor for use during the class.

TUES. 6:00-8:30 PM STARTS MAY 21
3 CLASSES ROOM 119 CRA 110
\$70 CLASS FEE

Making Sugar Scrubs

LAURIE LYNNE, Creative Girl Studios

In this fun workshop learn how to make your own exfoliants. In this fun workshop complete two different body scrubs that will help exfoliate your winter skin away. Several recipes will be discussed including essential oils or without. These will make great gifts as well! All ingredients, use of tools, decorative supplies and jars included in materials fee of \$15 payable to instructor night of class.

THURS. 6:30-8:30 PM MARCH 28
1 CLASS KITCHEN CRA 106
\$30 CLASS FEE

"Success is the sum of small efforts, repeated day in and day out."

ROBERT COLLIER

FINISH YOUR HIGH SCHOOL DIPLOMA! • 860-343-6044

Wire Wrapping Sea Glass

LAURIE LYNNE, Creative Girl Studios

Learn how to create all your beach finds into wearable art. In this fun beginner's workshop, you will complete two different pendant necklaces. A selection of different color wire, use of all tools and sea glass will be provided. Materials fee of \$25 payable to instructor night of class.

THURS. 6:30-8:30 PM APRIL 25
1 CLASS ROOM 207 CRA 107
\$30 CLASS FEE

Beaded Earrings

LAURIE LYNNE, Creative Girl Studios

Learn how to make three different pairs of earrings in this class. Learn how to attach different earring wire and learn different beading patterns and techniques. Instructor will show you how to use tools and there will be a variety of beads to pick from. Great gift idea for Mother's Day. Materials fee of \$20 payable to instructor night of class.

WED. 6:30-8:30 PM MAY 8
1 CLASS ROOM 113 CRA 108
\$30 CLASS FEE

STAINED GLASS CLASSES

Moravian Star Workshop

SARA SEGOVIA

Students will learn the basic technique of cutting and assembling intricate designs of stained glass, to create their own 3D hanging star. No experience necessary. All tools will be provided. Materials fee of \$15 payable to instructor on the first night of class. Please note: This class will meet once a week for two weeks.

WED. 6:00-8:30 PM STARTS APRIL 17
2 CLASSES ROOM 110 ARS 105
\$36 CLASS FEE

Mosaic Class

SARA SEGOVIA

Mosaics is a picture or pattern produced by arranging together small pieces of hard material, such as stone, tile, or glass. Learn the basic techniques of mosaics including the use of a mosaic wheel cutter and grouting. In this two-week class you will create a 4" square coaster and small glass candle holder. All tools will be provided. Materials fee of \$12 payable to instructor night of class.

MON. 6:00-8:30 PM STARTS MAY 6
2 CLASSES ROOM 110 ARS 106
\$36 CLASS FEE

FELTING CLASSES

FOLLOWING CLASSES ARE
TAUGHT BY ELENA GIBSON

No previous felting experience is necessary.

Please note: In each class you will use the wet felting technique to further enhance the shape and firmness of your felted pieces. Remember to bring \$20 materials fee, payable to instructor night of the class.

Spring Animals

Discover the magic of needle felting in this 3-hour workshop. Craft your choice of a bunny, bear, chick, or piglet with step-by-step guidance. Transform loose wool into adorable critters and take home your handsome creations, adding a touch of springtime joy to your space. No previous felting experience is necessary. Materials fee of \$20 payable to instructor night of the class.

WED. 6:00-9:00 PM MARCH 27
1 CLASS ROOM 119 CRA 101
\$32 CLASS FEE

Felted Garden Gnomes and Fairies

Explore the magic of "Felted Garden Gnomes and Fairies". Learn to shape loose wool into charming figures with a special barbed needle. Try wet felting for accessories like hats and cloaks. Choose from different fibers to enhance your creations. Leave with a pair of whimsical figures to bring spring magic to your space. No previous felting experience is necessary. Materials fee of \$20 payable to instructor night of the class.

WED. 6:00-9:00 PM APRIL 17
1 CLASS KITCHEN CRA 102
\$32 CLASS FEE

Felted Spring Birds

In this workshop, dive into the ancient art of felting and create two delightful miniature felted birds. Begin with a basic shape, then unleash your creativity using a special barbed needle to sculpt your chosen bird. Choose to make a bluebird, goldfinch, chickadee, or a unique creation. Explore wet felting to perfect the figure's shape and ensure enduring firmness. Take home a charming pair of feathered friends to adorn your spring decor. Materials fee of \$20 payable to instructor night of the class.

WED. 6:00-9:00 PM MAY 8
1 CLASS ROOM 119 CRA 103
\$32 CLASS FEE

"All dreams are within reach. All you have to do is keep moving towards them."

VIOLA DAVIS

EARN YOUR GED • CALL TODAY: 860-343-6044



JEWELRY CLASSES

RINDY MIRTO

Basic Jewelry Class

Materials fee of \$10 payable to instructor night of class.

WED. 6:00-9:00 PM MARCH 20
1 CLASS ROOM 110 JWL 101
\$35 CLASS FEE

Crochet Wire Weave

Materials fee of \$10 payable to instructor night of class.

WED. 6:00-9:00 PM APRIL 3
1 CLASS ROOM 110 JWL 102
\$35 CLASS FEE

No Crimp Illusion Necklace

Allow beads to float around your neck in this captivating necklace. Using three strands of beading cable that will hold your beads in place without crimp beads. Instructor will show you how. This a light and airy technique. Perfect for summer wear. Materials fee of \$10 payable to instructor night of class.

WED. 6:00-9:00 PM APRIL 17
1 CLASS ROOM 110 JWL 103
\$35 CLASS FEE

Money Bracelet

Materials fee of \$10 payable to instructor night of class.

WED. 6:00-9:00 PM MAY 1
1 CLASS ROOM 110 JWL 104
\$35 CLASS FEE

Wire Heart Necklace

In this class you will learn how to transform heavy guard wire into a heart design. You will also learn hardening techniques and incorporate some of the learning from earlier classes to complete your design. Materials fee of \$10 payable to instructor night of class.

WED. 6:00-9:00 PM MAY 15
1 CLASS ROOM 110 JWL 105
\$35 CLASS FEE



CERTIFICATE PROGRAM

Serv-Safe Food Handler's Certificate Training Course

AMARILYS SALUK, CDM, CFPP

Become a Certified Food Handler (CFH) for your school, business or restaurant. You will learn basic food safety practices for preparing and serving. A final examination is administered and graded by the National Restaurant Association. Issuance of a Food Handler's Certification will likely result in better performance on the job and higher wages. Class fee includes the textbook, Certification and Exams with a passing grade.

MON. 6:00-8:00 PM STARTS APRIL 15
4 CLASSES ROOM 203 CTP 101
\$200 CLASS FEE

COOKING

Please note: Due to the preparation necessary for these cooking classes, No Cancellations or credits will be issued. You may send a substitute if you can't attend.

These cooking classes will be a combination of demonstration and hands-on. Recipes will be handed out at each class and tasting is a requirement! Please bring materials fee night of class.

NEW

Charcuterie 101

NICOLE SILVERIO

Join us for a hands-on workshop with Nicole from Boxed Bites. With her talent for entertaining, she will teach you unique ways to style different ingredients to make your charcuterie board looking like a work of art! Everything needed is included in the course fee: 10" disposable palm leaf board, all the ingredients (cheeses, charcuterie & accoutrements), tools and materials needed to cut, style & assemble your board, one-hour step by step guided instruction. Join us and learn the tips & tricks that will transform the way you entertain so you can enjoy yourself as the host!



TUES. 6:00-8:00 PM APRIL 16
1 CLASS ROOM 207 COK 107
\$65 CLASS FEE



Sourdough Bread Baking 101

SUZANNE GREENWALD

Over the course of 4 weeks you will develop a starter and practice baking of 3 different breads all without using commercial yeast. This will be a hands-on class and you will make and take projects home after each class. This class will be good for beginners as experienced bakers looking for something new. You will need to bring a large metal mixing bowl to bring back and forth to each class. Hand-outs will be available. A onetime materials fee of \$20 payable to instructor first night of class.

MON. 6:00-9:00 PM STARTS FEB. 26
4 CLASSES KITCHEN COK 101
\$78 CLASS FEE

WED. 6:00-9:00 PM STARTS APRIL 24
4 CLASSES KITCHEN COK 102
\$78 CLASS FEE

More Sourdough...

Please note: These following classes are for anyone who has experience with baking sourdough bread

English Muffins

Once you have these you will never want English muffins from the store again. If you can make pancakes you can make English Muffins. You must bring an active starter, bowl, materials fee of \$5 and container to bring goodies home in.

WED. 6:00-9:00 PM MARCH 27
1 CLASS MAE KITCHEN COK 103
\$32 CLASS FEE

NEW

Sourdough Tips & Tricks

This class will be talking about bread. We will cover some fun shaping methods, how to incorporate color in your bread, a bit of decorative scoring and we will make butter. Little bit of this and little bit of that! You must bring an active starter, bowl, materials fee of \$5 and container to bring goodies home in.

WED. 6:00-9:00 PM APRIL 1
1 CLASS MAE KITCHEN COK 104
\$32 CLASS FEE

NEW

Challah Bread

Learn to make this traditional bread and in the process, you will learn about braiding bread. This is an enriched dough that has eggs. You must bring an active starter, bowl, materials fee of \$5 and container to bring goodies home in.

MON. 6:00-9:00 PM MAY 20
1 CLASS MAE KITCHEN COK 105
\$32 CLASS FEE

NEW

Focaccia Bread and Pizza Dough

One dough, two very tasty treats. You will learn to make a classic focaccia and discuss what else you can do with this wonderful dough. You must bring an active starter, bowl, materials fee of \$5 and container to bring goodies home in.

WED. 6:00-9:00 PM MAY 29
1 CLASS MAE KITCHEN COK 106
\$32 CLASS FEE



NEW

Sweet & Savory Crepes

TINA MAXI, PERK ON MAIN

Who doesn't love crepes? Tina from Perk on Main will demonstrate how to make 2 savory crepes and 2 sweet crepes. Learn to make the following:

- Classic Combo - with house-made "New"tella, strawberries & bananas
- Isabelle - Brie cheese, strawberry preserves & cinnamon sugar
- Provence D'Lite - sautéed spinach, mushrooms, tomato & Brie cheese
- Popeye - spinach, chicken, cheddar, onion and garlic.

As she makes the crepes she will answer any questions you may have. You will enjoy eating 2 crepes and then take 2 home for someone special or for yourself. Recipes will be provided. Materials fee of \$15 is payable to Tina night of class.

THURS. 7:00-8:30 PM MAY 16
1 CLASS KITCHEN COK 110
\$25 CLASS FEE



BUS TRIPS



SUNDAY, MAY 5, 2024

**Daffodil Days with
Tea at Blithewold
An American Garden
Treasure, Bristol, RI**



THURSDAY JUNE 13, 2024

**Gorgeous Glass
in Boston
Harvard Glass Museum
& The Mapparium**



SATURDAY, AUGUST 10, 2024

**Gloucester, MA
Dine & Cruise aboard
the Beauport Princess**



SUNDAY, OCTOBER 13, 2024

**The Turkey Train
Winnepesaukee
Railroad**

TRIPS ARE PRESENTED BY FRIENDSHIP TOURS. THEY ARE TAKING CAREFUL MEASURES SO YOU CAN TRAVEL WITH PEACE OF MIND.

- Please provide your email as a reminder and detailed itinerary will be sent the week before the trip.
- Bus trips are non-refundable, no exceptions! So be sure to check your dates before registering.

Overlooking the Narragansett Bay, Blithewold is one of the finest garden estates in New England. Late April to Early May, Blithewold opens its gates to welcome visitors just as springtime begins. Their famous display covers the 33-acre seaside estate with over 50,000 daffodils. Your visit includes a guided tour of the garden and magnificent 45 room Mansion that was lived in by the Van Wickles/McKee family for over 80 years. The estate features grand views of Narragansett Bay and is filled with family heirlooms. Begin your visit at Blithewold with a lovely Tea Lunch on the heated porch. Sample menu: Scones, Finger Sandwiches, Mini Quiche, Desserts, Tea. **Please note:** Any dietary restrictions please call 860-343-6044

TRIP FEE: \$149

BUS 101

Trip includes deluxe motor coach transportation, Tea Lunch, admission into Blithewold, all gratuities and a Friendship Tour Director.

DEPARTS: 8:00 AM
FARM HILL SCHOOL
390 RIDGE RD.
MIDDLETOWN, CT

ESTIMATED RETURN: 6:00 PM

Picture a giant, hollow ball made of glass, completely indoors, surrounded by lights, and skewered through its middle by a footbridge. Now, stain the inside of the glass ball as if it were a political map of the Earth turned inside-out. You are inside the Mapparium at the Mary Baker Eddy Library. This huge globe shows the world's boundaries frozen in time circa 1935. See how much has changed. Enjoy a three-course family style Italian lunch at Maggiano's Little Italy, everyone's favorite. Menu: Salad, rolls, Bruschetta, Chicken Piccata, Rigatoni with meat sauce, Lemon Cookies and Coffee. Mangia! Next, be amazed by the realistic flowers made of blown glass at The Glass Flowers exhibit in the Harvard Museum of Natural History. Between 1886 to 1936, Austrian glass makers created glass models of 700 species of flowers & plants. Every single bit of these flowers including the roots, stems, leaves, & even dirt are made of glass. Enjoy a guided tour of the Glass Flowers exhibit.

TRIP FEE: \$156

BUS 102

Trip includes deluxe motor coach transportation, admission into the venues, lunch, gratuities, and Friendship Tour Director.

DEPARTS: 8:00 AM
FARM HILL SCHOOL
390 RIDGE RD.
MIDDLETOWN, CT

ESTIMATED RETURN: 8:00 PM

Step aboard the elegant Beauport Princess and settle back for a cruise from one of New England's most photogenic harbors, Gloucester, MA. Sights include: Ten Pound Island Lighthouse, Fisherman's Statue, Hammond Castle, and more. Enjoy a buffet lunch while cruising in Gloucester Harbor. Sample Buffet Menu: spring salad, rolls, Prime Rib, North Atlantic Haddock, Penne Pasta Alfredo, vegetable, potatoes, dessert. D.J. Music and light narration as well, a great way to spend an afternoon. After lunch spend the afternoon visiting Rockport, MA one of the oldest artisan colonies, for fun shopping.

TRIP FEE: \$196

BUS 103

Trip includes motor coach, admission into the venues, lunch, gratuities, and Friendship Tour Director.

DEPARTS: 8:00 AM
FARM HILL SCHOOL
390 RIDGE RD.
MIDDLETOWN, CT

ESTIMATED RETURN: 7:45 PM

Enjoy a nostalgic train ride along the shores of Lake Winnepesaukee in New Hampshire. Relax on board the train as we watch the boats on the lake and enjoy the scenery as we travel roundtrip from Meredith, NH. We will make a quick stop at the NH Liquor Store prior to boarding the train. Hart's Turkey Farm will be providing their famous home style turkey dinner on board the train. Menu includes: Turkey, potato, gravy, stuffing, cranberry sauce, rolls vegetable, dessert and beverage. Following our train ride, you will visit Mill Falls Marketplace, a collection of shops along with a stop at Ben & Jerry's Ice Cream Shop.

TRIP FEE: TBD

BUS 104

Trip includes motor coach, 2-hour train ride on the Winnepesaukee Scenic Railroad from Meredith, NH, a turkey dinner served on board and catered by Hart's Turkey Farm, gratuities and Tour Director.

DEPARTS: 8:00 AM
FARM HILL SCHOOL
390 RIDGE RD.
MIDDLETOWN, CT

ESTIMATED RETURN: 8:00 PM



NEW

Peeps Cookie Decorating

PRISCILLA HARNESK

Impress your family and friends with dessert for Spring. Learn to decorate some peeps. You will learn techniques to flood the cookie, learn to use some tips and a stencil. Materials fee of \$20 payable to instructor night of class. Fee includes 6 sugar peeps cookies, edible embellishments, as well as recipes for sugar cookies and royal icing.

TUES. 6:30-8:00 PM MARCH 19
1 CLASS KITCHEN COK 108
\$21 CLASS FEE



NEW

Cookie Bouquet for Mother's Day

PRISCILLA HARNESK

Learn to decorate beautiful floral, heart and insert card. I bring all the cookies to be decorated. Some chocolate chips will be brought for the Mother's Day display. The \$20 materials fee includes 6 cookies, icing, decorating tools, piping tips and a container to transport the cookies. You will learn to outline, flood and detail. Transfers, stencils and embossing will also be covered. \$20 materials fee.

TUES. 6:30-8:00 PM MAY 7
1 CLASS KITCHEN COK 109
\$21 CLASS FEE

DANCE

Zumba

BETHANY TY

Zumba is exercise in disguise. Zumba is a dance fitness class that incorporates Latin and international music and dance movements which create a dynamic, exciting workout. This class combines fast and slow rhythms that tone and sculpt the body in an aerobic/fitness fashion to achieve a unique balance of cardio and muscle toning. You will use lightweight maraca-like toning sticks for some of the routines to enhance sense of rhythm and coordination, while toning target zones, including arms, core and lower body. Dancers and non-dancers are welcome.

SESSION 2:
MON. 6:30-7:30 PM STARTS MARCH 11
6 CLASSES ROOM 207 DAN 105
\$62 CLASS FEE

SESSION 3:
MON. 6:30-7:30 PM STARTS APRIL 29
6 CLASSES ROOM 207 DAN 106
\$62 CLASS FEE

LANGUAGES

Intro. To Italian

MARY SARACENO

Learn to speak Italian. Oral drills will encourage the beginner to develop speaking and listening skills. Learn practical vocabulary and expressions, and understand real travel situations and cultural differences. Good choice for business, travel or personal growth. Cost of textbook (Italian Made Simple) is included in the price of class.

SESSION 1:
MON. 6:00-8:00 PM STARTS MARCH 4
6 CLASSES ROOM 211 LAN 105-1
\$125 CLASS FEE

SESSION 2:
MON. 6:00-8:00 PM STARTS APRIL 22
6 CLASSES ROOM 211 LAN 105-2
\$115 CLASS FEE

“Believe you can and you're halfway there.”

THEODORE ROOSEVELT

EARN YOUR GED • CALL TODAY: 860-343-6044

Intermediate/Advanced Italian

MARY SARACENO

Continue to learn Italian. Oral drills will encourage the beginner to develop speaking and listening skills. Learn practical vocabulary and expressions, and understand real travel situations and cultural differences. Good choice for business, travel or personal growth. Textbook used is Italian Made Simple

SESSION 1:

WED. 6:00-8:00 PM STARTS MARCH 6
6 CLASSES ROOM 211 LAN 106-1
\$120 CLASS FEE

SESSION 2:

WED. 6:00-8:00 PM STARTS APRIL 24
6 CLASSES ROOM 211 LAN 106-2
\$120 CLASS FEE

Intro. To Spanish

MARY SARACENO

Have fun as we explore the language, culture, music and food of Spain and Latin America! Emphasis is placed on developing oral and travel vocabulary and expressions. Cost of textbook (Spanish Made Simple) is included in the price of class.

SESSION 1:

THURS. 6:00-8:00 PM STARTS MARCH 7
6 CLASSES ROOM 211 LAN 108-1
\$125 CLASS FEE

SESSION 2:

THURS. 6:00-8:00 PM START APRIL 25
6 CLASSES ROOM 211 LAN 108-2
\$115 CLASS FEE

NEW

Intermediate/Advanced Spanish

MARY SARACENO

Continue to learn Spanish. Oral drills will encourage the beginner to develop speaking and listening skills. Learn practical vocabulary and expressions, and understand real travel situations and cultural differences. Good choice for business, travel or personal growth. Textbook used is Spanish Made Simple.

SESSION 1:

TUES. 6:00-8:00 PM STARTS MARCH 5
6 CLASSES ROOM 211 LAN 109-1
\$120 CLASS FEE

SESSION 2:

TUES. 6:00-8:00 PM STARTS APRIL 23
6 CLASSES ROOM 211 LAN 109-2
\$120 CLASS FEE

MONEY MATTERS



Retirement Readiness Review

RYAN MORRISSEY

In this course you'll learn how to: determine the amount of money you need to retire, determine when you can retire, understand how to make the most of your company retirement plan, and set up your estate so your final wishes are carried out. However, money is only one aspect of retirement planning. This course blends financial education with life planning to help you determine what values are important to you and align your money with your values and goals. This course includes an illustrated textbook to help you follow along and take notes. Please note: This class meets once a week for two weeks.

Choice of Tues. or Thurs class

THURS. 6:15-9:15 PM STARTS MARCH 21
2 CLASSES ROOM 104 MON 103
\$66 CLASS FEE

TUES. 6:15-9:15 PM STARTS MARCH 26
2 CLASSES ROOM 207 MON 104
\$66 CLASS FEE

“Optimism is the faith that
leads to achievement; nothing
can be done without hope and
confidence.”

HELEN KELLER

EARN YOUR GED

Call Today:
860-343-6044

MUSIC

Guitar Classes

FRANK NATTER

Class will be held in person, limited to 10 students. Students must be 13 years and older to participate. For all of the guitar classes students must provide their own guitar and music stand. Suggested materials: an electronic tuner, & the Total Acoustic Guitarist by Frank Natter, Jr. ISBN -10:7390-3851-6. You can purchase the book from the instructor night of class, on Amazon, or The Middlesex Music Academy on 440 Main Street, Middletown, CT has the textbook

BEGINNING GUITAR

Part 1:

This hands-on class will get you going on the guitar. It covers essential chords, important strumming patterns, and progressions of chords found in many well-known songs. You will learn how to decipher chord diagrams, guitar tablature and other systems used to notate guitar music. Beginning with short examples, you'll build skills that will later allow you to play entire songs and you will have the opportunity to practice these skills in context with classmates.

MON. 7:30-9:30 PM STARTS MARCH 4
6 CLASSES ROOM 208 MUS 101
\$120 CLASS FEE

Part 2:

This session applies the knowledge learned in Part 1 to well-known songs. These are demonstrated and examined section by section. By the end of the session, you will know several important songs and be able to play them in context with the class.

MON. 7:30-9:30 PM STARTS APRIL 22
6 CLASSES ROOM 208 MUS 101-1
\$120 CLASS FEE



**FINISH YOUR HIGH
SCHOOL DIPLOMA!
CALL 860-343-6044**

Advanced Guitar

Advanced Guitar starts to examine riffs and tricks-of-the-trade that add interest and define the styles and songs of the guitar repertoire. Fingerstyle and pick playing techniques will also be examined more closely. You will get to take a look at elements that make music work such as scales and harmony. You will also begin to develop skills for soloing and have the opportunity to improvise in context with other classmates.

Part 1:

This session picks up from where Part 1 leaves off and focuses on songs and styles that are of common interest to the class. Students will continue to play together and get the opportunity to take on different roles: rhythm, lead, and a hybrid of both.

MON. 5:30-7:30 PM STARTS MARCH 4
6 CLASSES ROOM 208 MUS 102
\$120 CLASS FEE

Part 2:

This session picks up from where Part 2 leaves off and focuses on songs and styles that are of common interest to the class. Students will continue to play together and get the opportunity to take on different roles: rhythm, lead, and a hybrid of both.

MON. 5:30-7:30 PM STARTS APRIL 22
6 CLASSES ROOM 208 MUS 102-1
\$120 CLASS FEE

WELLNESS

Yoga – All Levels

KAREN SEVENOFF

This class will be held in person and virtually! When registering indicate your preference! This class is suitable for beginners and those with a little experience under their belt. This class will include breath control techniques and physical exercises, which will help you achieve relaxation and vitality. This dynamic yoga class will help to build your strength, flexibility, balance and mental focus. This class is a guidance to help transform the body and mind into complete wellbeing. Bring a water bottle and yoga mat and any props you might want to use for your practice.

SESSION 2:

WED. 6:00-7:00 PM STARTS FEB. 28
7 CLASSES ROOM 207 WELL 102
\$75 CLASS FEE

SESSION 3:

WED. 6:00-7:00 PM STARTS APRIL 24
7 CLASSES ROOM 207 WELL 103
\$75 CLASS FEE

PUBLIC INTEREST



ASTRONOMY

Introduction to Astronomy

The Stars have aligned. Come to the Glastonbury Planetarium and enjoy live this series of four fast paced classes that offer an introduction to the science of astronomy. Classes can be taken individually or the full series.

(SERIES OF 4 CLASSES IS \$89)
TO REGISTER FOR THE SERIES
PLEASE CALL 860-343-6044.

The Planetarium is located at the: Glastonbury East Hartford Magnet School, 95 Oak Street, Glastonbury. Enter at the main school entrance. The planetarium entrance is just inside to the left. Doors will open at 6:30 pm

Please Note: You must arrive 6:30-6:45 pm, as class starts promptly at 7:00 pm after which the planetarium doors are closed. They cannot accept late arrivals.

Asteroids & Comets

Impacts have reshaped the Earth's surface and are clues to the formation of our solar system. Both terrifying and beautiful, comets, asteroids and meteors have caused destruction and also been the bringer of life. Explore these mysterious objects, where they are found, what they are made of and the clues they offer to our past and future.

THURS. 7:00-9:00 PM MARCH 14
1 CLASS PUB 101
GLASTONBURY PLANETARIUM
\$25 CLASS FEE

Exoplanets

Planets are not unique to our solar system. Since the discovery of the first planet orbiting another star in 1995 we have found thousands of exoplanets. We'll explore the variety of exoplanets found so far and the techniques used to find them. Is there life on other planets? Come find out.

THURS. 7:00-9:00 PM APRIL 25
1 CLASS PUB 102
GLASTONBURY PLANETARIUM
\$25 CLASS FEE

Gas Giants & Ice Giants

Jupiter, Saturn, Uranus and Neptune are the giants of our solar system. Their great sizes have changed and sculpted the way other celestial bodies orbit our sun. But what are they made of? What lies under their thick clouds? How did they acquire so many moons? And how did their rings form? Learn about the development and planetology of our titanic neighbors and the history of study of these unique worlds.

THURS. 7:00-9:00 PM MAY 16
1 CLASS PUB 103
GLASTONBURY PLANETARIUM
\$25 CLASS FEE

Moon Show

The moon is our closest neighboring world. You can see it nearly every night. But how much do you know about the moon? Learn about its formation, geology, and geography, and how to find its most prominent features with a telescope, binoculars, or even just your eyes. We'll also go into the history of moon observation. And we'll move farther out to discuss the other fascinating moons of our solar system, including the Galilean moons of Jupiter and the unique moons of Saturn, Neptune, and Uranus.

THURS. 7:00-9:00 PM JUNE 13
1 CLASS PUB 104
GLASTONBURY PLANETARIUM
\$25 CLASS FEE

RECREATION

American Mah-jongg

RUTH SIGAL

Have you seen Mahjongg being played or just even heard about it and think it would be a fun game to learn? Then come join and learn how to play this relaxing and enjoyable game over the course of 6 weeks (commitment to these 6 weeks is very important). Even if you just want to brush up on what you know about Mahjongg, this is the place for you to do that! Do you have friends who also want to learn? Have them sign up as well – then you have a 'ready-made' mahjongg group for outside of the classroom! You will need to purchase a card from the instructor at the first night of class, (\$14 - \$15) to be used through the 6 weeks.

THURS. 6:00-8:00 PM STARTS MARCH 7
6 CLASSES ROOM 104 REC 100
\$82 CLASS FEE

GOLF

This program is designed for the new golfer or for golfers who have never played or have not played in a number of years. In five one-hour minute sessions, our coaches will cover everything you need to know to play your first round of golf. Classes will cover the basics of the golf swing, putting, short game techniques, rules and etiquette. Our coaches will discuss what you will need for golf, therefore it is recommended that you do not go out and buy clubs until you have started this class. You will be given a static club fitting which will allow the coach to make a recommendation as to which clubs to buy. Lessons will conclude with an on-course session to introduce the various areas of the golf course to complete this introductory class.

Classes will be held at the Golf Center at Lyman Orchards, 700 Main Street Middlefield, CT 06455

For directions please call (860) 398-6480.

Men's Playing 101 Spring Session

WED. 10:00 – 11:15 AM
5 CLASSES

STARTS MAY 8
REC 201

FRI. 10:00-11:15 AM
5 CLASSES

STARTS MAY 10
REC 202

GOLF CENTER AT LYMAN ORCHARDS
\$169 CLASS FEE



Golf Fore Women Spring Session

MON. 5:15-6:30 PM
5 CLASSES

STARTS MAY 6
REC 101

WED. 9:30-10:45 AM
5 CLASSES

STARTS MAY 8
REC 102

WED. 5:30-6:45 PM
5 CLASSES

STARTS MAY 8
REC 103

FRI. 5:00-6:30 PM
5 CLASSES

STARTS MAY 10
REC 104

SAT. 9:00-10:30 AM
5 CLASSES

STARTS MAY 11
REC 105

SAT. 11:00-12:15 PM
5 CLASSES

STARTS MAY 11
REC 106

GOLF CENTER AT LYMAN ORCHARDS
\$169 CLASS FEE



**EARN A DIPLOMA
THAT FITS
YOUR GOALS &
YOUR LIFE!**

860-343-6044

BASIC SKILLS PROGRAM

MIDDLETOWN ADULT EDUCATION • WWW.MAECT.ORG

Have you been out of school for a while? Would you like to improve your reading, writing or math skills? Are you trying to get a new job or promotion? Maybe you have some personal goals that require better reading, writing or math. The Middletown Adult Education ABE Program might be for you!



WHAT WE OFFER

- Free assessment to help determine your needs
- Free classes
- Convenient day and evening classes
- Online classes are available

WHO IS ELIGIBLE

- Individuals 17 years of age or older
- Individuals no longer enrolled in school
- Individuals lacking a high school diploma
- Residents of towns listed on page 3

CLASS LOCATIONS & TIMES

MIDDLETOWN: 398 Main Street
Monday - Friday Days
Monday & Wednesday Evenings



EVEN START FAMILY LEARNING PROGRAM

The Middletown Even Start program is an NAEYC accredited program. It recognizes that the parent is the child's first and most important teacher. We support this by bringing parents in need of adult education and their toddlers (ages 12 weeks - 3 years) together in a dual generational learning program. Parents and their children can share the excitement and joy of learning together! The Even Start program provides early childhood education, adult academic instruction, parenting classes, and a monthly home visit. In addition, our families have the opportunity to work with our Career Developer for placement in job certificate programs, and apprentice training programs. The program supports the parent-child relationship and enhances parenting skills through parenting classes and daily parent and child activities.

FAMILY LEARNING COMBINES:

- « Adult Education (Adult High School, GED, ABE, ESL)
- « Early Childhood Education, NAEYC
- « Parent and Child Together Activity
- « Parenting Class
- « Collaboration with Community Services (Including Middletown Family Resource Center, ACES of Middlesex County, Diaper Bank of CT)

**Middletown Adult Education
Family Learning Program,
398 Main Street**



**For Even Start Family Learning
Information, Call (860) 343-6044**



**Even Start Family Learning is a
partner of the Middlesex United Way**

PHONE (860) 343-6044 • FAX (860) 343-3865

ALEXA BENSON-AMARANTE,
Future Graduate for Spring 2024
(See her story on pg. 25)



HIGH SCHOOL COMPLETION

WE HAVE TWO WAYS! CHOOSE THE PROGRAM THAT'S BEST FOR YOU.

AHS-CDP: (Adult High School Credit Diploma Program)

Complete a minimum of 25 credits and earn a Middletown Board of Education Adult High School Diploma!

- Transfer previously earned credits
- Complete online classes
- Attend credit classes
- Day and evening classes

GED®: (General Educational Development) Diploma Program

Complete a series of national standardized tests and earn a State of Connecticut High School Diploma!

- Registration available at Middletown Adult Education
- Free practice tests
- Free preparation classes

Call (860) 343-6044 to register for all academic programs.

WE OFFER:

- FREE Academic Counseling
- FREE Career Counseling
- FREE Vocational Counseling
- Confidential Services
- Online classes are available

COUNSELING SERVICES

Do you need some assistance in deciding which program is right for you? Come in and talk to us!

ACADEMIC PROGRAMS ARE FREE OF CHARGE TO RESIDENTS OF THE FOLLOWING TOWNS:

Middletown • Cromwell • Durham • Middlefield/Rockfall • Deep River • Chester • Essex • Centerbrook • Ivoryton • East Haddam/Moodus • East Hampton • Haddam/Higganum • Killingworth • Madison • Old Saybrook • Portland • Rocky Hill • Westbrook



CREDIT DIPLOMA PROGRAM



THE ADULT HIGH SCHOOL OFFERS SPECIALIZED SERVICES:

- Internet resources
- Individualized and group instruction
- Need-based educational planning
- Student-centered curricula
- Addresses individual learning needs
- Teacher support through mentoring

ADULT HIGH SCHOOL CREDIT DIPLOMA PROGRAM (AHS-CDP)

For Adults 17 and over
(withdrawn from day school)

- AHS Classes: English, Math, Science, Social Studies, Electives
- Online Classes
- Credits for Prior Learning
- Credits for Work Experience or Training
- Credits for Military Experience
- Credits for Community Service
- Family Learning Activities
- Counselors, Peer Support

Daytime: Monday through Friday
Evening: Monday and Wednesday
398 Main Street, Middletown

AHS-CDP Classes are
also available at:
210 Main Street, Old Saybrook

**For more information about
these sites, call (860) 343-6048**

**Want to earn your
high school diploma?
We can help.**

Scan the code and let's get started.



PHONE (860) 343-6044 • FAX (860) 343-3865

GED® PREPARATION PROGRAM



GED® (GENERAL EDUCATIONAL DEVELOPMENT)
STATE OF CONNECTICUT HIGH SCHOOL DIPLOMA

This program prepares adult learners to pass the 4-part, computer-based GED exam to earn a State of Connecticut High School diploma. We provide instruction in each of the four subject areas: Science, Social Studies, Math and Reading/ Language Arts as well as basic computer skills. Instructors will also review the official website, ged.com where students can access related exam information, resources and exam registration procedures. We offer instruction in English at all sites and in Spanish at the Old Saybrook site.

To register for the GED exam, you must be at least 17 years old and officially withdrawn from school for 6 months. All 17 and 18-year olds must submit a withdrawal form with a parent or guardian signature. **To begin the GED registration process, you register on-line at GED.com and complete the process in person at our Main Street site in Middletown.**

To register for our free classes and complete your State of Connecticut High School diploma, please call (860) 343-6048 to begin registration.

¡Prepare para el GED en español!

Una clase se ofrece en Old Saybrook. Llame a 860-388-1281 para más información. Estamos abierto entre las ocho y mediodía de lunes a Viernes. El examen también se ofrece en español.

Important note: Pre-registration for classes is required!

CLASS LOCATIONS & TIMES

Old Saybrook, 210 Main Street
Call 860-388-1281
Monday through Fridays
Days & Evenings by appointment

Middletown, 398 Main Street
Call 860-343-6048
Monday through Friday Days
Monday & Wednesday Evenings

EXAM REGISTRATION FEE:

For applicants over the age of 21: \$13.00 fee (non-refundable)

For veterans and applicants under the age of 21: no fee.

Students who would like a copy of their transcript will find transcript request forms online at <http://portal.ct.gov/sde>

STUDENT SUCCESS STORIES

ALEXA BENSON-AMARANTE

Alexa Benson-Amarante is a Credit Diploma Program Graduate. Alexa is an incredibly determined individual who knows what she wants to do and how she is going to do it. But when life created academic obstacles, Alexa was unsure of how to reach her goals. So she came to Middletown Adult Education to find solutions. After meeting with our Guidance Counselors and the College & Career Center, Alexa found the schedule and credits she needed to earn her high school diploma. In the fall, Alexa will be attending Roger Williams University in Rhode Island for a double major in Literature and Journalism. Her goal is to become a travel author.



STONE DIXON

Stone confronted various adult commitments that often diverted his attention from school, prioritizing financial responsibilities. Despite the challenges, he secured a higher paying job at FedEx, working the all-night shift. Juggling work, family obligations, and financial responsibilities, Stone persevered and successfully completed our GED program, managing a demanding schedule of six days a week, all night long, and then attending school. Post-graduation, Stone embarked on a transformative journey, pursuing an IT certification through the local Steam Train Fast Track Academy. He emerged as a renewed individual with a commitment to give

back, actively participating in the Coalition on Adult Basic Education (COABE) Student Ambassador training program. Stone was featured on their podcast and became a part of the Educate and Elevate campaign. Notably, he earned a scholarship at the MAE graduation and is set to begin his cybersecurity degree program at the CT State College Middlesex campus. Stone's remarkable journey of personal and academic growth has also earned him an Adult Learner scholarship award from the CT Association for Adult and Continuing Education (CAACE) Adult Learner, showcasing his dedication to moving forward and helping others.



"I'm so grateful for the **EVEN START PROGRAM**. It gave me an opportunity to return to school and go further with my education. Most important it gave my children an opportunity to learn and teach them from a young age the importance of having a schedule and going to school. Let me not forget that what makes the Even Start program so amazing is their wonderful teachers that come together and make it happen." —**EVEN START PARENT**

English as a Second Language (ESL)

- Join students from more than 50 countries.
- Learn English for daily life, employment and academics.
- Improve Digital Literacy Skills.
- Workplace Exploration, preparation and training.

**For registration or more information
call (860) 343-6044**

ESL CLASS LOCATIONS & TIMES

Middletown, 398 Main Street

Mon. through Fri. Days • 9 am–12 pm
Mon. and Wed. Evenings • 6–8:30 pm

Old Saybrook, 210 Main Street

Mon. and Wed. Evenings • 6–8:30 pm
Tues. and Thurs. • 1–4 pm

Rocky Hill, Griswold Middle School

Tues. and Thurs. Evenings • 6–8:30 pm

CITIZENSHIP

JOIN OUR CITIZENSHIP PREPARATION CLASSES

- Prepare for the U.S. Citizenship and Immigration Services (USCIS) exam
- Practice for the Naturalization interview
- Learn about U.S. History, government, civics and geography
- Study difficult vocabulary that the USCIS officer may ask you to explain

CITIZENSHIP CLASS LOCATIONS & TIMES

Middletown Site Only (398 Main Street)

Call for Start Dates, Monday Evenings • 6–7:30 pm

**Call for information:
(860) 343-6044**



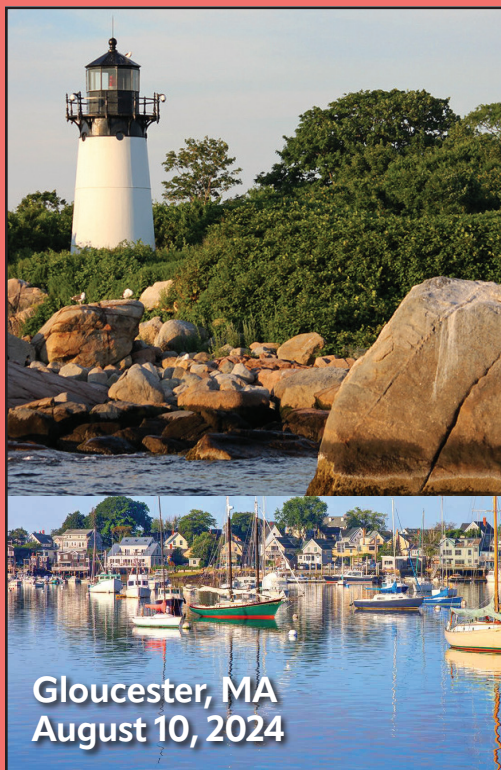
**Daffodil Days with
Tea at Blithewold
May 5, 2024**

BUS TRIPS

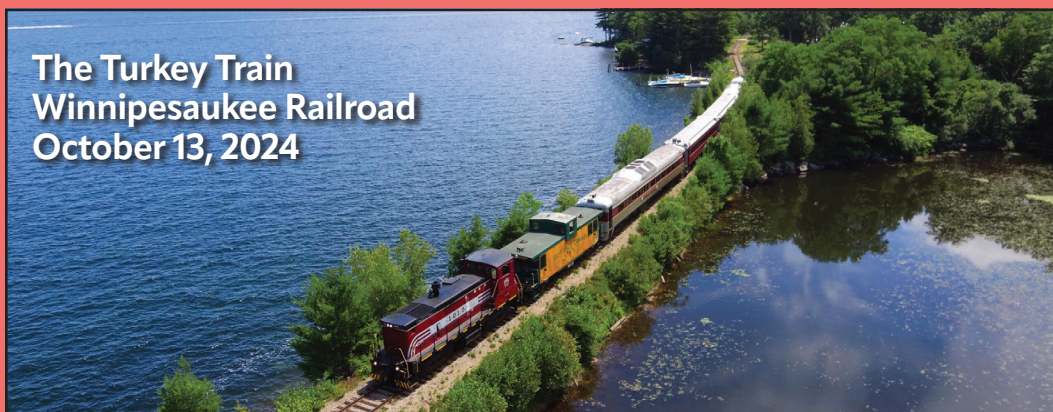
SEE DETAILS INSIDE!



**Gorgeous Glass in Boston
June 2024**



**Gloucester, MA
August 10, 2024**



**The Turkey Train
Winnepesaukee Railroad
October 13, 2024**

PRESORT STD
NON-PROFIT
US POSTAGE
PAID
BRIDGEPORT CT
PERMIT #140

MIDDLETOWN ADULT EDUCATION

398 Main Street, Middletown, CT 06457

ASPIRE
TO TRY
SOMETHING
NEW!

REGISTER FOR AN
ENRICHMENT CLASS

REGISTER AT
MAECT.ORG



Find us on 